

Family Education Sheet



Boston Children's Hospital
Until every child is well™

How to Use a Nebulizer with a Face Mask

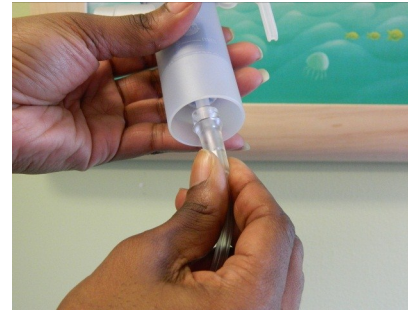
A nebulizer uses a machine that makes a mist of medicine to breathe in through a face mask or mouthpiece. Your child's doctor or nurse will tell you how much medicine to put into the nebulizer. Follow the steps below on how to use a nebulizer with a face mask.



1. Wash hands.



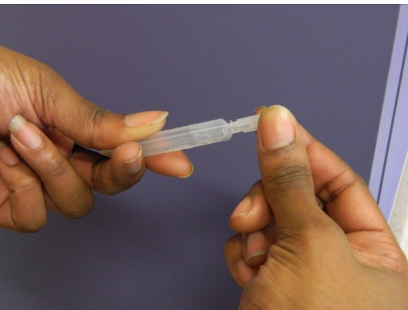
2. Put face mask on the nebulizer container.



3. Attach tubing to bottom of nebulizer container.



4. Attach other end of tubing to nebulizer machine.



5. Open the plastic vial.



6. Pour medicine into nebulizer container.



7. Put on face mask.



8. Turn on the nebulizer machine.



9. Take slow, deep breaths until most of medicine is gone.



DO NOT hold mask away from face while breathing in medicine.



10. Rinse mouth with water.



11. Spit out water.