

The Advanced Fetal Care Center

A Guide to Traveling for Care



**Boston
Children's
Hospital**

Until every child is well™



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The Search for Hope

If you are reading this, a problem has been detected in your unborn baby and you have made the decision to travel to Boston Children's Hospital for consultation or care. The decision to leave home for medical care is never easy, but it is especially difficult following the discovery of a fetal anomaly. Parents often tell us that the diagnosis of a fetal anomaly hits them like a tidal wave and calls into question many of the dreams they had for their little one. In the wake of such news, they report feelings of fear, sadness, anger and helplessness. They grieve the loss of an uncomplicated pregnancy and instead reluctantly enter a complex and unfamiliar medical world. For many parents, this is their first experience with parenting and they struggle with ambiguous diagnostic information and impossible choices. The decision to travel for consultation or care is often a search for hope in the face of great uncertainty.

In the Advanced Fetal Care Center (AFCC), it is our mission to provide the finest diagnosis, treatment and compassionate care for a woman carrying a baby with a congenital anomaly. We also strive to prepare you for the potential impact of congenital malformations on health, quality of life and the family. Ultrasound, magnetic resonance imaging (MRI) and echocardiograms are used to gain optimal detail for diagnosis. You will then meet pediatric specialists who have cared for children with this anomaly to learn about treatment options. Physicians, nurses, genetic counselors and a social worker provide education and support for optimal adjustment and decision-making. Our clinical team remains available to you for monitoring, intervention and/or support for the duration of the pregnancy.

Traveling to Boston for such care, however, is not without complications. The logistics of travel, identification of accommodations, added expenses, uncertain length of stay, and distance from usual supports, all add to the stress of carrying a baby with a fetal anomaly. This guide has been created to help you with some of the challenges of traveling to Boston for care. It includes: directions for travel by air or car to Boston Children's Hospital, a partial listing of accommodations, suggestions for food/shopping, and maps of Boston Children's Hospital, the Longwood medical area and public transit system (MBTA). This guide will not answer all your questions, but hopefully it will shed some light on some of the details of this journey. We have helped many families travel to Boston for care and will do our best to reduce the challenges for you.

After reading this, please feel free to contact me for assistance with additional questions. We look forward to meeting you and sharing your journey.

Laurie Oliver Taylor, LICSW

Clinical Social Worker

Advanced Fetal Care Center

Boston Children's Hospital

617.355.6512

Traveling to Boston Children's Hospital

Boston Children's Hospital (Boston Children's Hospital) is located at 300 Longwood Avenue, Boston, Massachusetts. The traffic in the Longwood medical area is congested between 7-9 AM and 4-6 PM. If you are driving and have early appointments, leave adequate time for travel and parking.

From the North or South

Via Interstate 93 or 95, take Storrow Drive westbound

Exit at the Fenway, Route 1 South.

Follow signs for Boylston Street, Outbound and bear right on Boylston Street.

At 4th traffic light, bear left on Brookline Avenue.

At 2nd traffic light, turn left on Longwood Avenue.

The main entrance to Boston Children's Hospital is the 2nd right.

From the South

Via Route 1, continue to the Jamaicaaway. Via Routes 28 or 138, proceed via Morton Street and the Arborway to the Jamaicaaway.

Continue on the Jamaicaaway to the light at Brookline Avenue.

Turn right on Brookline Avenue.

At the 2nd light, turn right on Longwood Avenue.

The main entrance to Boston Children's Hospital is the 2nd right.

From the West

Via the Massachusetts Turnpike, take Exit 18 and get on Storrow Drive eastbound towards Boston.

Exit at the Fenway, Route 1 South.

Follow signs for Boylston Street, Outbound and bear right on Boylston Street.

At the 4th traffic light, bear left on Brookline Avenue.

At 2nd traffic light, turn right on Longwood Avenue.

The main entrance to Boston Children's Hospital is the 2nd right.

Or

Via 128 (I-95), take Exit 20/ Route 9 East.

At Brookline Village intersection, turn left on Brookline Avenue.

At 6th light turn right on Longwood Avenue.

The main entrance to Boston Children's Hospital is the second right.

Parking

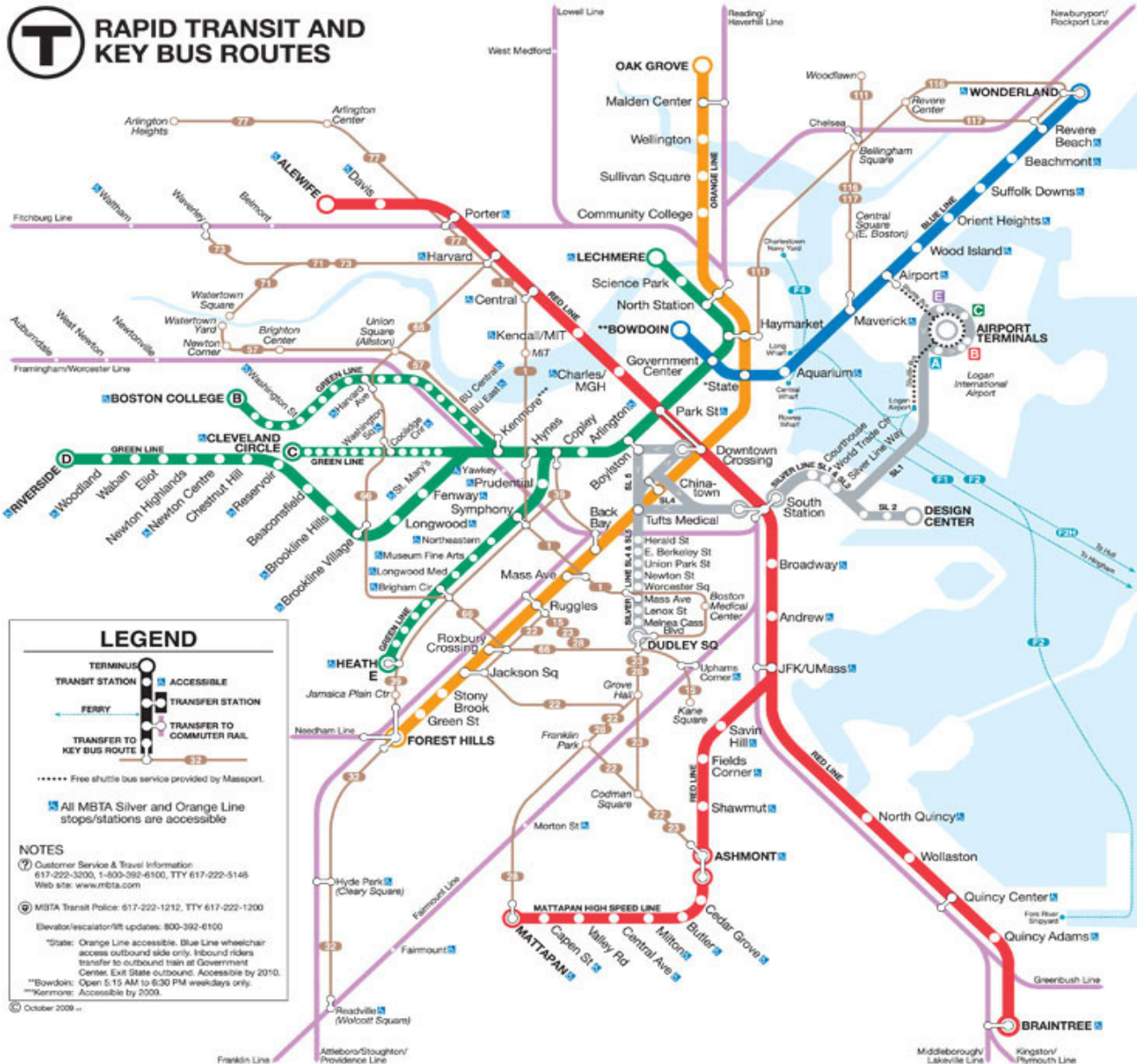
Parking is available in the Children's Hospital Garage on Blackfan Street directly across from the main entrance. Discounted parking is available for patients and their families with a validated ticket. This excludes valet parking, which can be utilized for an additional fee. Parking programs are available for inpatient families. See your social worker for details.

By Airplane

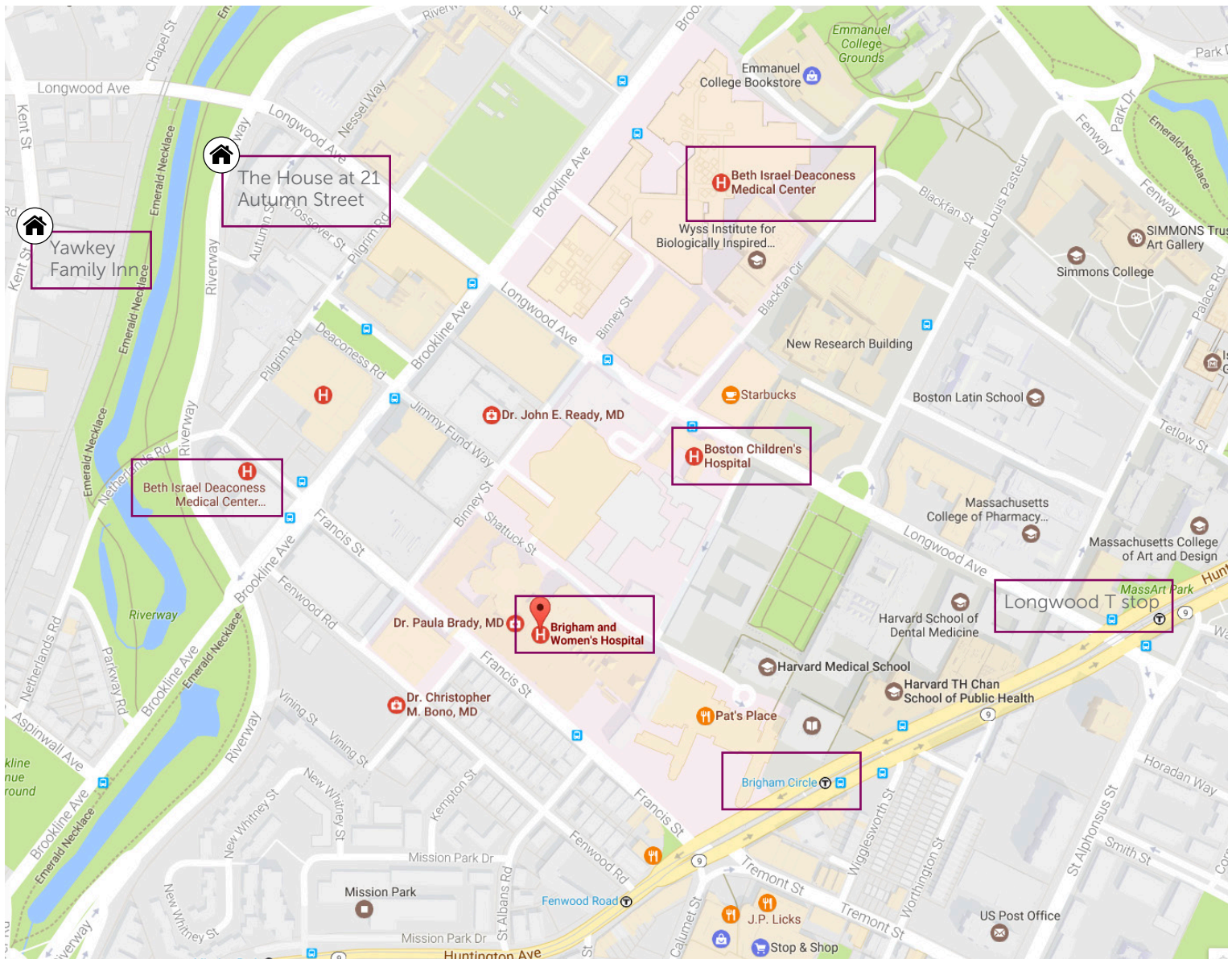
Logan International Airport in Boston is the closest airport to Boston Children's Hospital, approximately 7 miles from the hospital. You can get to the hospital via public transit (see map below) or taxi. Travel time can be 15-60 minutes, depending on the time of day and traffic. There is no designated shuttle from Logan Airport to Boston Children's Hospital.








By Rapid Transit (MBTA):

Take either the D or E Green line to Longwood. Follow Longwood Ave. to Boston Children's Hospital.



Finding your way around the neighborhood



-  Subway Stop (MBTA)
-  Yawkey Family Inn
-  The House at 21 Autumn Street
-  Boston Children's Patient Family Garage
-  Boston Children's Hospital
-  Brigham and Women's Hospital
-  Beth Israel Deaconess Medical Center

Where to stay in Boston

Accommodations in Boston can be very expensive and difficult to find. The best option for you will depend on your financial resources, the number of people traveling with you, the anticipated length of stay, and your own need for company vs. privacy. Whether you choose to stay in the hospital, hospital housing, a hotel or a furnished rental, keep in mind, that advanced planning is strongly recommended.

Boston Children's Hospital Patient and Family Accommodations

The House at 21 Autumn Street: 21 Autumn Street, 5th Floor, Boston, MA

Yawkey Family Inn: 241 Kent Street, Brookline, MA

617.919.3450

\$30.00 a night

Private rooms with shared bathrooms for Boston Children's Hospital families

Walking distance to hospital

Communal kitchen, laundry facilities, internet access

Parking available in Boston Children's Hospital garage for a discounted rate with ticket validation

Reservations may be made up to three months in advance

childrenshospital.org/familyhousing

Parent Sleep Spaces: Farley 5 and 6, Boston Children's Hospital

617.355.6279

No charge

Reserved daily through the Center for Families or your ICU social worker.

Private room with twin bed, shared bathrooms in hospital for parents with a child in ICU

Available on a first-come, first-served basis

Communal kitchen, laundry facilities, internet access, linens provided

Parking available in Boston Children's Hospital garage for a discounted rate with ticket validation

Hospitality Homes: 888.595.4678

Suggested donation: \$25/night

Lodging for patient/families in private volunteer host homes

hosp.org

The Medical-Surgical Intensive Care Unit (MSICU) and the Cardiac Intensive Care Unit (CICU) also have a bed available in the baby's room. The Neonatal Intensive Care Unit (NICU) does not. The ICU is not the most relaxing place to sleep and families often find they need a place away from the unit to relax. But if you feel the need to be close to your baby, you should know that there is the option in the MSICU and CICU for one parent to sleep at bedside. Once the baby transfers to the floor there are only bedside accommodations for one parent.

Hotels

The Inn at Longwood Medical: 617.731.4700

342 Longwood Avenue, Boston, MA 02115

0.01 miles from Boston Children's Hospital

Fridge and microwave available upon request

Walking distance to hospital

Best Western Roundhouse Suites: 617.989.1000

891 Massachusetts Avenue, Boston, MA 02112

2.11 miles from Boston Children's Hospital

Fridge and microwave available upon request

Free parking, free shuttle to hospital

Hampton Inn & Suites: 617.445.6400

811 Massachusetts Avenue, Boston, MA 02118

2.0 miles from Boston Children's Hospital

Fridge and microwave available upon request

Free shuttle to Logan and some area attractions

Free shuttle to Boston Children's Hospital

The Longwood Inn: 617.566.8615

123 Longwood Ave, Brookline, MA 02446

.55 miles from Boston Children's Hospital

Twenty-one rooms and a one-bedroom apartment

Free Parking, short walk to hospital

Holiday Inn Brookline: 617.277.1200

1200 Beacon Street, Brookline, MA 02446

0.75 miles from Boston Children's Hospital

Fridge and microwave available upon request

Free shuttle to hospital

Marriott Courtyard Brookline: 617.734.1393

40 Webster Street, Brookline, MA 02446

1.30 miles from Boston Children's Hospital

Fridge and microwave available upon request

Free shuttle to hospital

Ask for patient rate when booking. Letters to verify patient status are available from the AFCC.

Short-Term Furnished Rentals

The following is a partial list of sources for furnished rentals. Neighborhoods in proximity to Boston Children's Hospital include Longwood Medical area, Fenway/Kenmore and Brookline.

airbnb.com: an online community marketplace that connects people looking to rent their homes with people who are looking for accommodations.

furnishedhousing.com: extended stay and corporate rental site.

oakwood.com: corporate housing site.

sublet.com: apartments, rooms, sublets and houses for rent.

vrbo.com: online advertising of "for-rent-by-owner" properties.

180 Brookline Ave: 180 Brookline Ave, Boston. 877.902.0832

1330 Boylston St: 1330 Boylston St, Boston. 877.902.0832

Fenway Triangle Trilogy: 180 Brookline Ave, Boston. 877.383.1237

Greenhouse Apartments: 150 Huntington Ave, Boston. 617.267.6777

1 Bedrooms starting at \$4,170. 2 Bedrooms starting at \$5,370.

Hancock Village Apartments: 298 Independence Drive, Chestnut Hill. 877.314.1472

1 Bedroom Starting at \$3,300, 2 Bedrooms starting at \$4,500 and 3 Bedrooms Starting at \$4,700.

Longwood Towers, 20 Chapel St, Brookline: 855.596. 8125

1 Bedroom Starting at \$4,550, 2 Bedrooms starting at \$5,730.

Longwood Galleria Apartments: 400 Brookline Ave, Boston. 617.566.5204

Unfurnished, one year lease required.

Inside Boston Children's Hospital



Floor

- B: Main Entrance, Information Desk/Parking Validation, Fresh Food Court, Au Bon Pain, Hale Center for Families (MAIN)
- 1: Admitting, Financial Services, Laundry, ATMs (FARLEY/PAVILION)
- 2: Advanced Fetal Care Center (PAVILION)
- 5, 6: Parent Sleep Spaces (FARLEY)
- 7: Neonatal Intensive Care Unit (NICU), Medical/Surgical Intensive Care Unit (MSICU) (MAIN)
- 8: Cardiac Intensive Care Unit (CICU), Inpatient Cardiac Floor (MAIN)

Boston Children's MyWay is a free mobile app with step-by-step directions to help you get around many of our locations. MyWay connects you with Boston Children's support services like our Center for Families and has listings for local restaurants, hotels and fun things to do with the kids while in the area. Download Boston Children's MyWay on your iPhone or Android smart phone, and start spending less time focused on where you're going.

Download the app today in Apple's App Store or Android's Google Play Store.

The Essentials: Meals, money and mail

Restaurants

Fresh Food Court

Boston Children's Hospital lobby
Chef's Playground, Starbucks, Subway, Pizzeria Regina

Au Bon Pain

Boston Children's Hospital lobby
Soups, salads, sandwiches and pastries

Red Mango

Boston Children's Hospital lobby
Frozen yogurt and smoothies

Galleria Food Court

342 Longwood Avenue, Boston, MA
McDonald's, Subway, Dunkin Donuts, Beantown Burrito, T. Sushi Wraps and Noodles, etc.

Bertucci's

1 Blackfan Circle, Boston, MA
Italian cuisine and pizza

Boloco

283 Longwood Avenue, Boston, MA
Burritos and smoothies

Brueggers

375 Longwood Avenue, Boston, MA
Bagels, sandwiches, salads, and coffee

Caffe Nero

360 Longwood Ave, Boston, MA
European coffeehouse specializing in Italian coffee and "good, simple food"

JP Licks

1618 Tremont Street, Boston, MA
Homemade ice cream and frozen yogurt

Longwood Grille (in the Inn at Longwood)

342 Longwood Avenue, Boston, MA
American cuisine

B. Good

360 Longwood Ave, Boston, MA
Kale and grain bowls, seasonal salads, and all-natural burgers and sandwiches

Pret A Manger

360 Longwood Ave, Boston, MA
Homemade sandwiches, soups, and salads

Groceries

Shaw's

33 Kilmarnock Street, Boston, MA

Stop and Shop (Brigham Circle)

1620 Tremont Street, Boston, MA

[Peapod.com](https://www.peapod.com)

Online grocery service with delivery from Stop and Shop. Minimum order \$60.

Trader Joe's

1317 Beacon Street, Brookline, MA

Pharmacies

CVS

1st floor, Boston Children's Hospital

CVS

350 Longwood Avenue, Boston, MA

Postal Services

UPS Store

423 Brookline Avenue, Boston, MA

Banks

Bank of America (ATM)

1st floor Boston Children's Hospital, near Fegan elevators

Citizens Bank (ATM)

1st floor Boston Children's Hospital, near Fegan elevators

US Post Office (near Brigham Circle)

1575 Tremont Street, Boston, MA

Important numbers at Boston Children's Hospital

Advanced Fetal Care Center: 617.355.6512

Hale Center for Families: 617.355.6279

Hospitality Homes: 888.595.4678

Inpatient Food Service: 617.355.3663

Intensive Care Units:

Cardiac (CICU)- 8 South: 617.355.8087

Medical/Surgical (MSICU) - 7 South: 617.355.8077

Neonatal (NICU) -7 North: 617.355.8076

International Health Services: 617.355.5209

Interpreter Services: 617.355.7198

Lactation Support: 617.355.0005

Parent Sleep Space Reservations: 617.355.6279

Pastoral Care: 617.355.6664

Patient Family Housing Reservations: 617.919.3450

Patient Financial Services: 617.355.3397

Important numbers for maternal care:

Beth Israel Deaconess Medical Center

Patient Registration: 617.754.8240

Maternal Fetal Medicine: 617.667.4836

Brigham and Women's Hospital

Patient Registration: 866.489.4056

Maternal Fetal Medicine: 617.732.4840