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PRADA December Newsletter

Please take a look below for our upcoming events, opportunities, and resources!

UPCOMING PRADA EVENTS



PRADA Presents: Public Speaking and Presentation Skills Webinar

Tuesday, December 8th
12-1pm
Zoom Webinar ID: 918 3640 2228; Passcode: 237156

Are you interested in learning and improving your public speaking skills when communicating with a scientific audience? From lab meetings to poster presentations, and from job and school interviews to scientific talks, BCH professional communication specialists will share their advice and tips on how to improve your communication skills and how to give captivating presentations. This webinar will include a presentation from the panelists and followed by general and audience Q&As.

For questions, please contact:

- prada@childrens.harvard.edu



PRADA/Pre-Med Present: Nurse Practitioner Career Panel

Friday, December 11th
12-1pm
Zoom information below

Come join us on December 11th at 12pm for our nurse practitioner career panel! We have a group of diverse panelists who will share their journeys on how they become NPs and their profession. There will be time for audience questions as well! The Zoom information for this event is below. We hope to see many of you there!

For questions, please contact:

- prada@childrens.harvard.edu

Zoom meeting information:

Join from your computer or mobile device: <https://bostonchildrens.zoom.us/j/96889827637?pwd=VG0yZjF6UFVub25lTVMwU0JMK0l1QT09>
Password: 705988
Or dial in from your telephone:
Internally: x28882
Externally: 646-558-8656 (Primary)
408-638-0968 (If you are unable to dial into the primary number)
Telephone password: 705988
Or iPhone one-tap:
+16465588656,,96889827637# or +14086380968,,96889827637#
EWS link: <https://zoom.us/jc/96889827637/join>
Meeting ID: 968 8982 7637
Meeting ID: 949 3685 7184



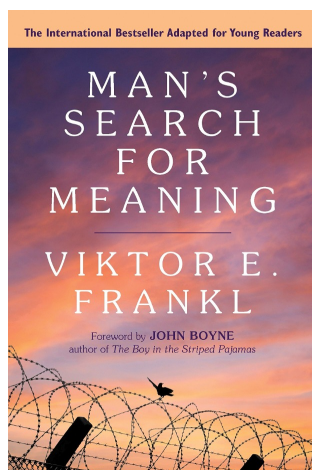
Mental Health Monthly Presents: Application Season Wind-Down

Thursday, December 17th
12-1pm
Zoom invite to follow

Coping with the toils of an application cycle amidst everything else? Join Mental Health Monthly for an Application Debrief on December 17th at 12pm, where we will commiserate in the woes of deadlines, lost drafts, slow-to-respond advisors, and everything in-between. We'd love to hear any and all ways that you like to de-stress, productively distract yourself, and take things one day at a time.

For questions, please contact:

- Chris Zaro
(Christopher.zaro@childrens.harvard.edu)
- Steph Wall
(Stephanie.Wall@childrens.harvard.edu)



Monthly Book Club Meeting: December 2020

Wednesday, December 30th
12-1pm
Zoom invite to follow

Book Club will be reading "Man's Search for Meaning" by Dr. Viktor E. Frankl for the December 2020 Monthly Meeting. Meeting will be hosted via Zoom. More information to follow.

For questions, please contact:

- Raquel Ferreira
(Raquel.Ferreira@childrens.harvard.edu)
- Sarah Lee (Sarah.Lee@childrens.harvard.edu)



PHCA Presents: Climate Change as a Social Determinant of Health: A Discussion with author Dr. Maya Ragavan (University of Pittsburgh)

Tuesday, January 12th
12-1pm
Zoom invite to follow

Join us as we hear from one of the authors of the recent article "Climate Change as a Social Determinant of Health" (Pediatrics, May 2020)! Dr. Ragavan will review the definition of social determinants of health (SDOH) and explain how climate change functions as a SDOH. We will also review next steps that folks in pediatric care/research can take to begin incorporating these concepts into their work. There will be time for questions and discussion too!

For questions, please contact:

- Maggie Hojo
(Margaret.Hojo@childrens.harvard.edu)

HOSPITAL-WIDE EVENTS



Healthy Hospital Workgroup Holiday Series: Mindfulness & Seasonal Recipes

Tuesday, December 8th
12-12:30pm
Zoom Info below

Join us at a virtual lunch and learn on mindful eating and seasonal recipes. Jacqueline Suarez, RD, LDN, Anna O'Brien, RD, LDN and Mary Hall, MS, RD will walk you through mindful eating practices around the holidays and delicious seasonal recipes.

Zoom meeting information:

Join from your computer or mobile device: <https://bostonchildrens.zoom.us/j/97861527072?pwd=b3dXZFFTUWVlSOHRUbHFFUXJDOUJkdz09>

Password: 595260

Or dial in from your telephone:

Internally: x28882

Externally: 646-558-8656 (Primary)

408-638-0968 (If you are unable to dial into the primary number)

Telephone password: 595260

2nd Annual Medical Staff Organization Visiting Professorship in Health Equity and Inclusion

Maria Trent, MD, MPH, FAAP, FSAHM

Chief, Division of Adolescent Young Adult Medicine
Professor of Pediatrics, Public Health, & Nursing,
Johns Hopkins University Schools of Medicine, Public Health and Nursing
Bloomberg Professor of American Health, Johns Hopkins Bloomberg School of
Public Health

“Understanding the Impact of Racism on
Child and Adolescent Health and Preparing
for a Better Future”

Wednesday, December 9th, 2020
12:00pm-1:00pm



At the end of this presentation, participants will be able to:

- Describe the levels of racism and the re-emergence of racism as a key determinant of health.
- Discuss the potential impacts of discrimination on children and families.
- Incorporate cultural competency, a raising-resisters approach to anticipatory guidance, and scientific innovation as key strategies for reducing health disparities.

Live via Zoom: <https://bostonchildrens.zoom.us/j/428818450?pwd=QkR1d1FKRDZFTF5lb1VLQjZHWjJ5Zz09>
Password: MEDGR2020

E-BOARD SPOTLIGHT: Community Service Co-Chairs

In response to widespread interest in volunteer opportunities, we have created a new subcommittee and brought on two new members to our Executive Board: **Emma Singleton & Dan Osorio**. As the first Co-Chairs of the newly formed Community Service Committee, their responsibilities will be to find and disseminate virtual volunteering opportunities for you all. We are very excited about this new subcommittee and look forward to featuring their community service initiatives!



Emma Singleton

Emma (she/her) is a clinical research assistant in the Division of Adolescent Medicine and Young Adult Medicine. Emma is working with Dr. Amy DiVasta on the NOTE (Novel Treatments for Endometriosis) Study, a phase II clinical trial of the non-hormonal therapy cabergoline to treat endometriosis, and the Women's Health Study: from Adolescence to Adulthood, a longitudinal biorepository study. Emma can't wait to begin connecting PRADA members to volunteer opportunities and organizations within Boston Children's and in the greater Boston area as co-chair of Community Service Outreach. Outside of Children's,

Emma loves to hike, ski, and try new NYT Cooking recipes with her housemates.



Dan Osorio

Dan (he/him) is a research assistant in Dr. Christina Jacobsen's lab in the Orthopedics Department. He studies the effects of increased Wnt signaling on osteoblast function in Osteogenesis Imperfecta in mouse models. Dan was born in Peru, grew up in Miami, and completed his undergrad in Biology at MIT. In his spare time, he likes to watch soccer (go Arsenal!), listen to Taylor Swift, and explore new restaurants in Boston (pre-pandemic, of course). Dan is super excited to be the new Community Service Co-Chair and join the PRADA E-Board and looks forward to highlighting cool new volunteer opportunities for PRADA members.



Our Facebook Group

PRADA Communications is proud to see members engaging with our Facebook Group! Our group is the best place to post opportunities, connect with other members, and reap all the benefits of our community. Plus, we get to see your lovely faces! Check out our Facebook page by clicking on the icon above and send us a request to join!

About Us

PRADA is a supportive, inclusive learning community for research assistants, coordinators, and other young professionals at Boston Children's Hospital.

[Contact us](#)



Leaving BCH? Take Our

Alumni Survey

As you move on to exciting new opportunities, we would love to stay in touch! Help us extend our alumni network by filling out our survey using this [survey](#)

Click to [edit Email Preferences](#) or [Unsubscribe](#) from this list.

Boston Children's Hospital
300 Longwood Ave
Boston, MA 02115 - United States
Telephone: 6179192979

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