

# CAT/CR Visit

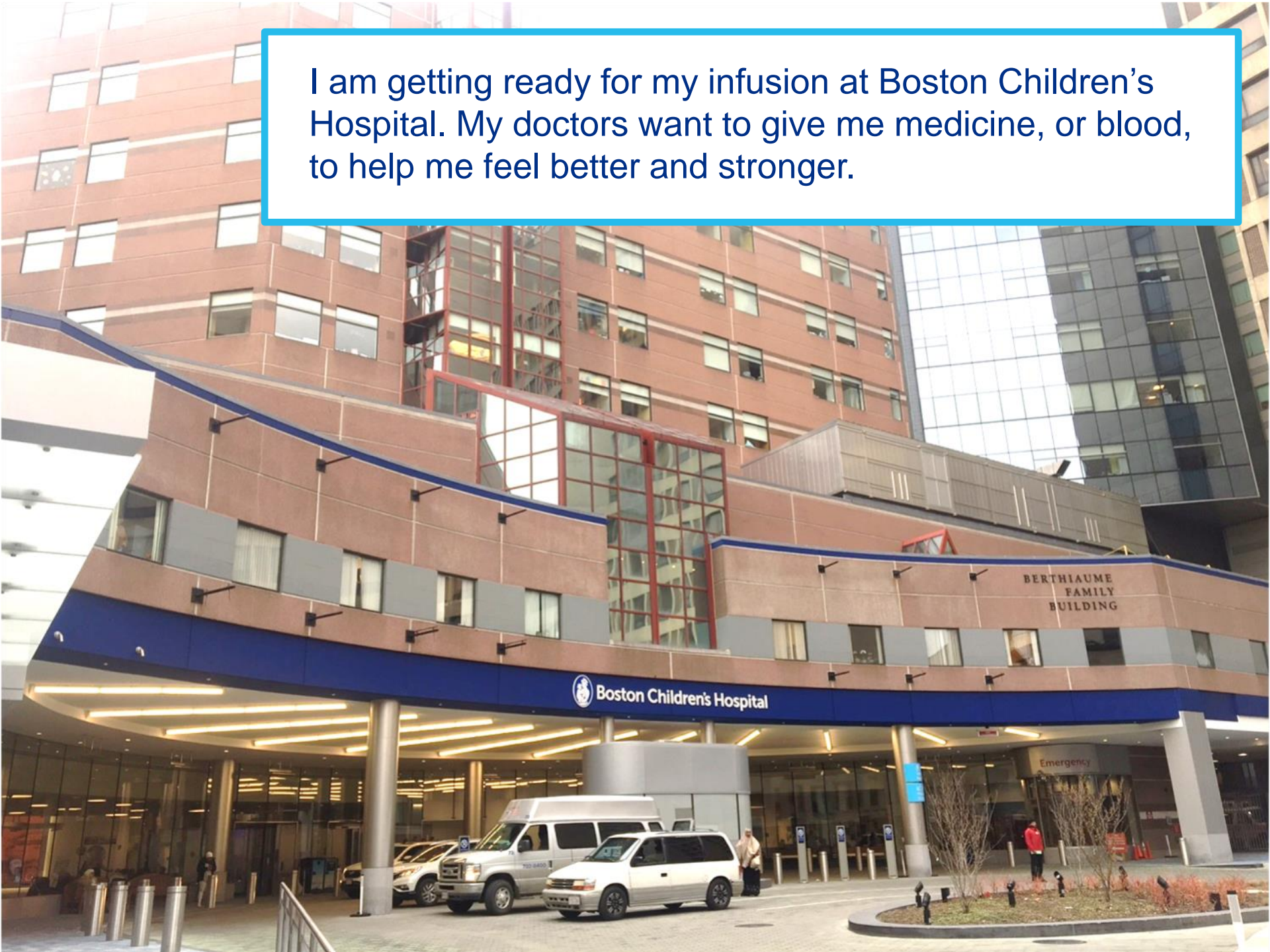
My Hospital Story



**Boston Children's Hospital**

July 2022

I am getting ready for my infusion at Boston Children's Hospital. My doctors want to give me medicine, or blood, to help me feel better and stronger.





First, we will walk through the lobby and follow signs to the Farley elevators.



We will take  
the elevator to  
the 4th floor.



PULMONARY  
DIALYSIS  
CATCR  
THERAPEUTIC APHERESIS



Then, we will follow the green signs to the CAT/CR waiting room.



Next, I will walk to the front desk and stand very still.

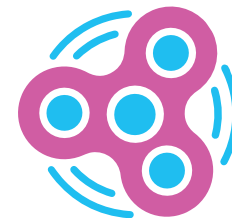
My parents will let the front desk worker know we are here.





I will sit in a chair and wait until my name is called.

I can play quietly with a toy while I wait.



When it is my turn, someone will say my name. We will walk down a hallway to a new room.

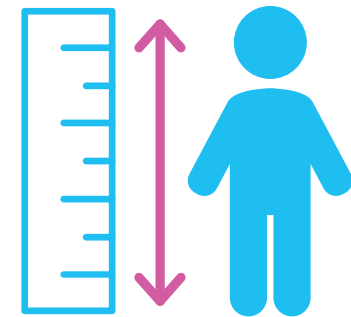






Next, I will stand very still with my back against the wall and will look forward.

A measuring glass will touch the top of my head to see how tall I am.



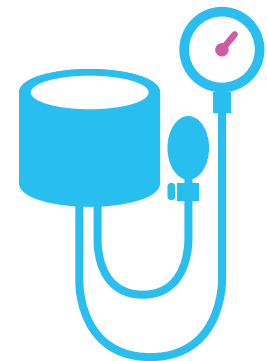
I will stand on the scale to see how much I weigh.



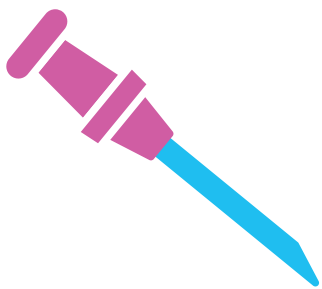


Next, we will go to my room and I will sit on a big chair. The clinical assistant will check my blood pressure.

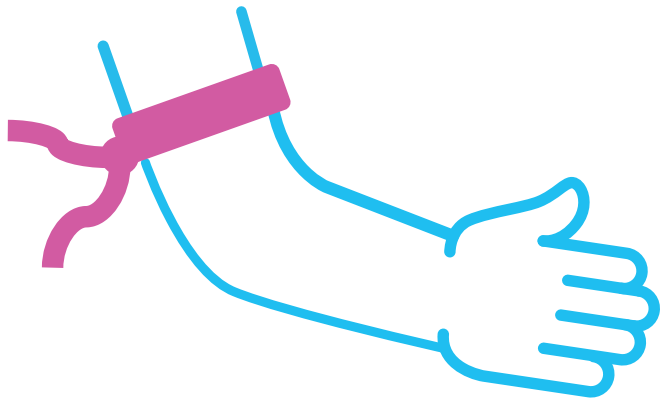
She will put a cloth on my arm that give my arm a hug. It may feel tight, but this is OK.



Then it will be time for my I.V.  
An I.V. is a small, bendy straw that my nurse will use to give me medicine.



When it is time for my I.V., a nurse will put a stretchy band around my arm. The stretchy band might feel tight, but that is OK. It is tight to help my nurse see my veins.



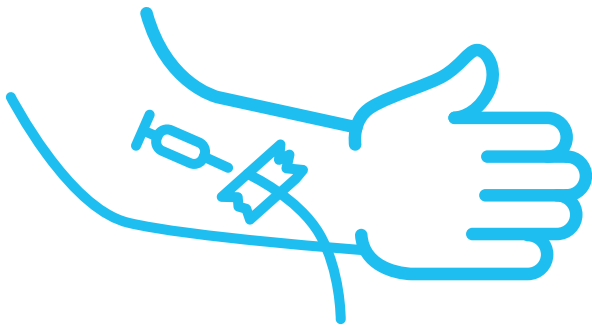


Then my nurse will clean my arm with a small wipe. It will feel cold and wet. When it is clean, my nurse will be ready to put in the I.V. I can ask my nurse to count to 3. I can choose to watch or look away.



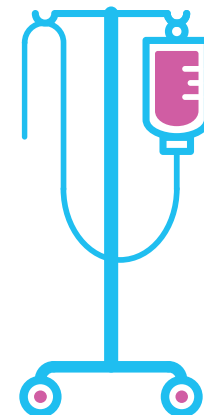
1 2 3

The nurse will place tape over the small straw to make sure it stays in the right place.





The nurse will connect the small, bendy straw to a tube. My medicine will go through the tube from a machine like this.



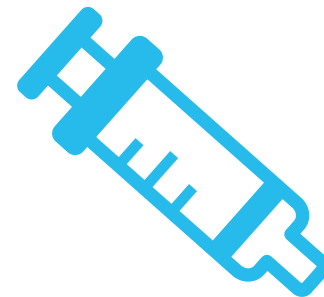


My nurse  
might scan my  
bracelet before  
she gives me  
medicine.

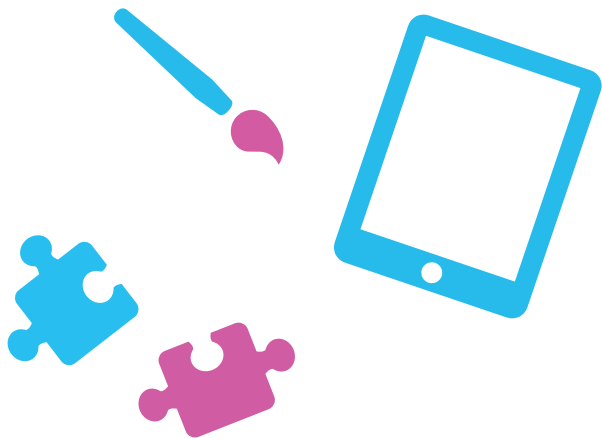




I may have drink  
medicine too. I might  
take my medicine  
with a syringe, like  
this, or maybe it will  
be in a small cup. I  
can remember to  
follow directions.

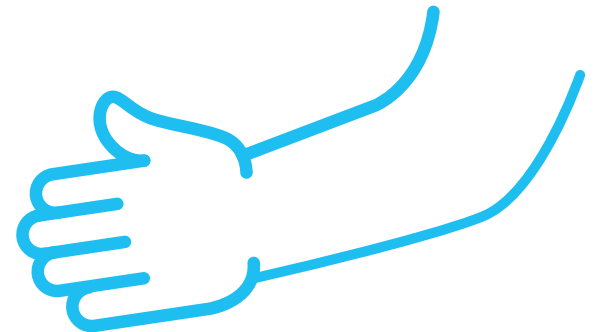


I can do lots of fun things during my infusion. Maybe I can paint, play a game or watch a movie.

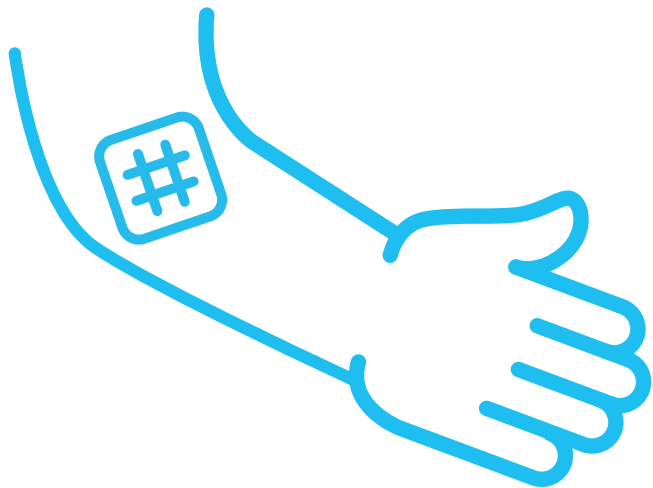




My nurse will tell me when my infusion is all done. She will take the tape off and slide the I.V. out. I can remember to keep my body still.

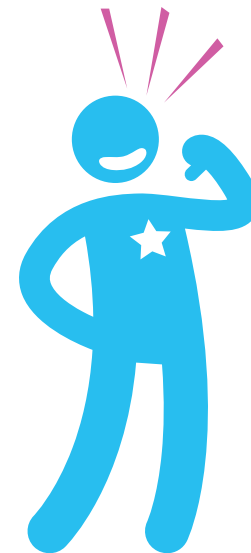


When she is all done, she will hold soft gauze on my arm.





Everyone will  
be so proud of  
me for doing a  
good job during  
my infusion!



**Developed by:**

Autism Spectrum Center and Child Life Services