

# Family Education Sheet

## Home Care Instructions After Removal of an Implantable Loop Recorder



Boston Children's Hospital

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Your child just had their implantable loop recorder removed. This sheet describes how to care for your child at home after this procedure.

### When should I call my child's doctor or nurse practitioner?

Please call right away if your child has:

- A fever higher than 101°F/38.3°C
- Redness, swelling, fluid or pus leaking from the wound
- Increasing bruising or tenderness at the site
- Pain lasting longer than 2 weeks, or getting worse instead of better

### How should I care for my child's wound?

- If your child has sutures (stitches), they'll dissolve on their own. They don't need to be removed.
- An antibacterial adhesive called Dermabond will cover the incision. It dries to form a shiny, clear, purple coating that seals the incision.
  - In 1–2 weeks, the Dermabond will start to peel off. Make sure your child doesn't pick at it.

### Can my child take a bath or swim?

- Your child can take a shower tomorrow.
- **Don't soak or rub the area where the device was removed. Your child can't take a bath, swim in a pool or soak in a hot tub for 2 weeks.**
- Don't use creams or lotions on the incision site.

### Can my child be active?

- Your child shouldn't do contact sports, heavy lifting and/or roughhousing for 1 week.
- Your child's nurses can give you any letters you need about your child's safe return to school. Your child's nurses can speak with the school nurse, with your permission.

### Will my child be in pain?

- Your child may have some discomfort.
- Your child will probably need acetaminophen (Tylenol) or ibuprofen (Advil) to help with pain or swelling.
- Talk with your child's doctor about any allergies your child may have before giving over-the-counter medicines, like Tylenol and Advil.
- Any discomfort should get better in 1–2 weeks.

### Contact us

- If you have any questions, please call the Pacemaker Office at 617-355-4676 Monday-Friday, 7am – 4pm.
- On weekends or holidays, please call the hospital operator at 617-355-6369 and page the electrophysiology (EP) doctor on call (pager #3737).

*This Family Education Sheet is available in [Arabic](#) and [Spanish](#).*