

Family Education Sheet

Preparing for Dental Treatment with Procedural Sedation



Boston Children's Hospital
Until every child is well™

Department of Dentistry
617-355-6571

We recommended that your child have dental treatment with procedural sedation. This means that your child will get one or more medicines to reduce their anxiety and increase their comfort for the dental treatment. With any procedure, our main priority is the safety of your child.

Here are important things to know and do to prepare for the procedure.

How should I prepare for this treatment?

- **If your child is sick (fever, runny nose, congestion and/or a cough) during the 3 days before the procedure**, please call 617-919-3646
- **Plan to arrive to the appointment on time.** You should go to the Department of Dentistry on the 4th floor of the Hunnewell Building on Boston Children's 300 Longwood Avenue, Boston campus. Your appointment may have to be rescheduled if you are late.
- **A legal guardian should be present.** The child's legal guardian should come to the sedation appointment and stay in the Dental Clinic until the visit is over.
- **You must have another responsible adult with you if you are driving home.** An adult needs to sit with your child in the back seat and carefully watch them on the way home.
- **Do not bring any other children with you to the sedation procedure.**

What can my child eat/drink before the sedation procedure?

- **Midnight before the procedure:** Stop food, milk, candy, mints and formula 8 hours before the procedure
- **4 hours before the procedure:** Stop breastfeeding
- **2 hours before the procedure:** Your child can have clear liquids including: water, apple juice and infant electrolyte solution such as Pedialyte® (NOT Pediasure)

What should my child wear?

- Cool, comfortable layered clothing
- No one-piece clothing or tights
- No fingernail or toenail polish
- If your child is not toilet-trained while sleeping, bring an extra set of clothing and have them wear a diaper or pull-up.

What should I expect after the procedure?

- Do not plan activities for your child for the day of treatment. Your child will need to stay home from school or daycare and be closely watched for the rest of the day.
- You will get written instructions on caring for your child at home after the sedation procedure before you leave.

How much does sedation cost?

- A payment of **\$316** is required **2 weeks before the appointment.**
- There will be additional charges for the dental treatment (x-rays, fillings, crowns, extractions, etc.). If your dental insurance requires a co-payment for treatment, you are responsible for the estimated co-payment 2 weeks before the appointment. Before the visit, we will send to your insurance a pre-treatment estimate and will let you know the amount of your co-payment.
- Sedation procedures are not always successful. If your child is not successfully sedated and dental treatment cannot be completed, you will be refunded \$100 and any co-pays that you have made in advance.

For more information or questions

Please call 617-919-3646

This Family Education Sheet is available in Spanish.