Introduction to Pediatric Nutrition
October 26 and November 2, 2015

Course objectives

» Identify important aspects in pediatric nutritional assessment.
» Describe multiple pediatric diagnoses and their implications for nutritional care.
» Apply practical management guidelines for children with various nutritional needs.

10 hours of continuing education credits have been approved by the Academy for Nutrition and Dietetics.

LOCATION
Boston Children’s Hospital
Folkman Auditorium, Enders Building
300 Longwood Avenue
Boston, MA

Wheelchair accessible

WHAT TO BRING
Please have pen and calculator for case studies.

DIRECTIONS
The Longwood Medical area is accessible by public transportation. By subway, take the Green Line, D (Riverside) or E (Heath Street) to the Longwood stop. childrenshospital.org/directions

PARKING
» $37.00/day at Boston Children’s Parking Garage—across from the main entrance to the hospital at the corner of Blackfan St. and Longwood Avenue.
» $29.00/day at 375 Longwood Garage—above Bruegger’s Bagels, three blocks north of Boston Children’s.

QUESTIONS
Carlotta Hayes or Yessica Arias Pina: 617-355-7612
yessica.ariaspina@childrens.harvard.edu
carlotta.hayes@childrens.harvard.edu

Course faculty

Katelyn Ariagno, RD, LDN *
Karen Costas, MPH, RD, LDN *
Christine French, MS, RD, LDN *
Skylar Griggs, MS, RD, LDN *
Kayla Hernandez, MS, CCC-SLP
Speech-Language Pathologist
Feeding and Swallowing Program
Boston Children’s Hospital
Jessica Leonard, RD, LDN *
Lisa Mancini, MS, RD, LDN *
Tara McCarthy, MS, RD, LDN *
Julie Norton, RD, LDN *

Eitan Rubinstein, MD
Attending in Gastroenterology
Director of Gastroenterology,
Boston Children’s at Waltham

Coral Rudie, RD, LDN *
Mollie Studley, MS, RD, LDN *
Nancy Sullivan, PhD
Staff Psychologist
Developmental Medicine Center
Boston Children’s Hospital
Karen Sussman-Karten, RN, BSN, IBCLC
Lactation Specialist
Boston Children’s Hospital

Stacey Tarrant, RD, LDN *
Brittany Tellier, RD, LDN *
Catharine Thompson, MS, RD, LDN *
Lynn Tougas, RD, LDN *
Karen Warman, MS, RD, LDN *
Sharon Weston, MS, RD, LDN *

* Clinical Nutrition Specialist,
Boston Children’s Hospital
Introduction to Pediatric Nutrition

Course schedule

Monday, October 26
8 – 8:30 a.m.
Registration/Continental Breakfast
8:30 – 8:45 a.m.
Welcome
Michelle Raymond, RD, LDN, CDE
8:45 – 9:45 a.m.
Introduction to Pediatric Assessment and Formulas
Brittany Tellier, RD, LDN
9:45 – 10:15 a.m.
FTT Case Study
Mollie Studley, MS, RD, LDN
10:15 – 10:30 a.m.
Break
10:30 – 11:30 a.m.
Human Milk and Breastfeeding
Karen Sussman-Karten, RN, BSN, IBCLC
11:30 – Noon
Critical Care Case Study
Katelyn Ariagno, RD, LDN
Noon – 1 p.m.
Lunch
1 – 1:55 p.m.
Feeding and Swallowing
Kayla Hernandez, MS, CCC-SLP
1:55 – 2:50 p.m.
Congenital Heart Disease
Christine French, MS, RD, LDN
Catharine Thompson, MS, RD, LDN
2:50 – 3:05 p.m.
Break
3:05 – 4 p.m.
Nutrition Follow-up of the Premature Infant
Coral Rudie, RD, LDN
4 – 4:30 p.m.
Hyperlipidemia Case Study
Skylar Griggs, MS, RD, LDN

Monday, November 2
8 – 8:30 a.m.
Registration/Continental Breakfast
8:30 – 9:25 a.m.
Behavioral Feeding Therapy
Nancy Sullivan, PhD
9:25 – 10:10 a.m.
Autism
Lynn Tougas, RD, LDN
10:10 – 10:25 a.m.
Break
10:25 – 11:20 a.m.
Eosinophilic Esophagitis
Tara McCarthy, MS, RD, LDN
Eitan Rubinstein, MD
11:20 – 11:50 p.m.
Blended Tube Feed Case Study
Sharon Weston, MS, RD, LDN
11:50 – 12:50 p.m.
Lunch (on your own)
12:50 – 1:45 p.m.
Eating Disorders
Julie Norton, RD, LDN
1:45 – 2:40 p.m.
Ketogenic Diet
Karen Costas, MPH, RD, LDN
Stacey Tarrant, RD, LDN
2:40 – 2:55 p.m.
Break
2:55 – 3:25 p.m.
Diabetes Case Study
Karen Warman, MS, RD, LDN
3:25 – 3:55 p.m.
Cystic Fibrosis Case Study
Jessica Leonard, RD, LDN
3:55 – 4:25 p.m.
Diencephalic Syndrome Case Study
Lisa Mancini, MS, RD, LDN

Registration
Space is limited. Complete course syllabus will be provided on the first day of conference only for registrations received by October 2, 2015

Name ___________________________

School/Work Affiliation ___________________________

Address ________________________________________
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Phone ________________________________________
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*Email (school/work/home)________________________

Web conference option: Please email for pricing: michelle.raymond@childrens.harvard.edu

FEE: Full-time students: $60
Dietitians, Nutritionists or Allied Health: $180

Payment method

☐ Check enclosed (payable to Nutrition Center Boston Children’s Hospital)
☐ Visa  ☐ Mastercard  ☐ AmEx  ☐ Discover

Credit card # ___________________________
Exp. ___________________________

Security code ___________________________

Please mail or fax completed registration with check or credit card information to:

Nutrition Center
Boston Children’s Hospital/BCH 3127
333 Longwood Avenue, RM #LO-411.2
Boston, MA 02115
Fax: 617-730-4722
Phone: 617-355-7612

*Your registration will be confirmed via email.