



Boston Children's Hospital

Where the world comes for answers

GEMS PUBERTY RESOURCES 2021

Youth

These Are My Eyes, This Is My Nose, This Is My Vulva, These Are My Toes by Lexx Brown James (CreateSpace Independent Publishing Platform, 2018)

What Makes a Baby, by Cory Silverburg and Fiona Smyth (*Trifalger Square*, 2013).

Tweens

It's Perfectly Normal: Changing Bodies, Growing Up, Sex and Sexual Health by Robbie H. Harris and Michael Emberley (*Candlewick*, 2014)

Sex Is a Funny Word by Cory Silverberg (*Triangle Square*, 2015)

Wait, What?: A Comic Book Guide to Relationships, Bodies, and Growing Up by Heather Corrina (*Limerence Press*, 2019)

www.amaze.org is a great website with a broad range of information for tweens and young teens in animated videos “takes the awkward out of sex”.

Teens

S.E.X The All-you-need-to-know Sexuality Guide to Get You Through your Teens and Twenties by Corinna, Heather (*Da Capo Lifelong Books*, 2016)

This Book Is Gay by Dawson, Juno (*Sourcebooks Fire*, 2015)

Queer: The Ultimate LGBT Guide for Teens (2nd Edition) by Kathy Belge (*Zest Books*, 2019)