

# Family Education Sheet

## Financial Wellbeing and Professional Development



Boston Children's Hospital

Where the world comes for answers

View more health education materials at  
[www.bostonchildrens.org/familyeducation](http://www.bostonchildrens.org/familyeducation)

### Boston's Center for Working Families

Get free financial coaching and attend workshops. See links to the Boston Tax Help Coalition and more.

**Learn more:** <https://www.boston.gov/departments/center-working-families#programs>

**Learn more:**



### Massachusetts Association for Community Action (MASSCAP)

Find your local community action agency and learn about money management and free tax preparation programs.

**Learn more:** <https://www.masscap.org/programs/money-management/>

**Learn more:**



### Family Resource Centers

Find your local family resource center.

**Learn more:** <https://www.frcma.org/>

**Learn more:**



### Boston Tax Collaborative

Find free tax services in Greater Boston.

**Learn more:** <https://www.bostontaxhelp.org/>

**Learn more:**



### Family Self Sufficiency (FSS) Program at Compass Working Capital

Learn more about FSS savings and work toward your financial goals.

**Learn more:** <https://www.joinfss.org/>

**Learn more:**



## IRS' Volunteer Income Tax Assistance (VITA) and Tax Counseling for the Elderly (TCE) Programs

"Offers free basic tax return preparation to qualified individuals." (IRS, 2024)

**Locate a VITA or TCE Center near you:** <https://irs.treasury.gov/freetaxprep/>

**Locate center near you:**



## Department of Transitional Assistance (DTA) Pathways to Work

"Get TAFDC or SNAP? DTA offers a variety of programs to help you plan and achieve your career goals. These programs will support your family's success." (Mass.gov, 2024)

**Learn more:** <https://www.mass.gov/dta-pathways-to-work>

**Learn more:**



## Massachusetts' Workforce Individual Training Program (ITA)

"The federally funded Workforce Innovation and Opportunity Act (WIOA) Title I ITA program is for individual job seekers who need occupational skills training in order to successfully reenter the workforce." (Mass.gov, 2024)

**Learn more:** <https://www.mass.gov/info-details/workforce-individual-training-program-ita>

**Learn more:**



## Training Opportunities Program Section 30

"Section 30 approval allows unemployment insurance (UI) claimants to collect benefits while enrolled in full-time, approved training." (Mass.gov, 2024)

**Learn more:** <https://www.mass.gov/info-details/training-opportunities-program-section-30>

**Learn more:**



*Boston Children's Hospital takes no responsibility and has no control over the links and information found on these sheets. You should confirm the information is accurate. You should act only if you are comfortable with the action steps. If you have any questions, you should seek the advice of experts and/or an attorney.*