

Special Sauce (simple version)



Servings: 6 (1 tbs per serving)

Ingredients:

¼ cup of mayonnaise

2 tbs of ketchup, no sugar added

Mix ingredients together. Store in refrigerator covered.

Special Sauce

Nutrition Facts

Serving Size	1 Serving	
Amount Per Serving		
Calories	65.7	
	% Daily Value*	
Total Fat	6.9 g	9 %
Saturated Fat	1.1 g	5 %
Trans Fat	0 g	
Cholesterol	3.8 mg	1 %
Sodium	121.5 mg	5 %
Total Carbohydrate	0.4 g	0 %
Dietary Fiber	0 g	0 %
Total Sugars	0.2 g	
Added Sugars	0 g	0 %
Protein	0.1 g	
Vitamin D	0 mcg	0 %
Calcium	0.7 mg	0 %
Iron	0 mg	0 %
Potassium	1.8 mg	0 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Full info at oronometer.com

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