



Where the world comes for answers



DISCOVERY

OF RISK FACTORS FOR TYPE 2 DIABETES IN YOUTH



Dear Parent or Caregiver,

We are writing to let you know about DISCOVERY, a new research study for children 9-14 years old who may be at higher risk of developing type 2 diabetes. Type 2 diabetes is diagnosed when the body has problems with high blood sugar levels. This can lead to serious health problems if not identified and treated early. Now more children are being diagnosed with type 2 diabetes. Doctors don't fully understand why this change is happening, but they believe family history, diet, and the environment may all be part of this. We are inviting families across the US to help us figure this out by being part of the DISCOVERY Study.

Who qualifies for the study?



- Girls who are 9-13 years old with a high body mass index (BMI) OR have a diagnosis of pre-diabetes (which can lead to diabetes)
- Boys who are 10-14 years old with a high BMI OR have a diagnosis of pre-diabetes

What will the study involve?



- Office or clinic visits
- Questionnaires
- Blood and urine tests
- Wearing a glucose monitor

What are the benefits?



- Earlier identification of diabetes, if it develops in your child
- Compensation for your time
- Free transportation to the study visits
- Small gifts/prizes
- There are no medications given as part of the study.

By taking part in DISCOVERY, you will join families across the US to make a difference for all children who are at risk for type 2 diabetes! Our team may be reaching out to you to provide more information. You can also contact the DISCOVERY Study team at **617-309-1908** or **DISCOVERYTeam@joslin.harvard.edu**. You can also visit our website at <https://discovery.bsc.gwu.edu/>. If you prefer that DISCOVERY does not contact you, please contact us at above email or phone number.

Sincerely,

Dr. Elvira Isganaitis,
Joslin Diabetes Center

Dr. Amy Fleischman,
Boston Children's Hospital

Dr. Takara Stanley,
Mass General Hospital

and the DISCOVERY team

