

Using MyChildren's Care Companion



Your care team enrolled you in MyChildren's Care Companion. Using MyChildren's on your desktop or mobile device, complete your personalized plan easily and set reminders to complete daily tasks.

1. Log in to MyChildren's

- Log in to your MyChildren's account on a desktop or mobile device.
- Check that you are viewing the correct patient's account in the top right corner.
- Select **View Tasks** on the home screen.

2. Complete tasks for the day

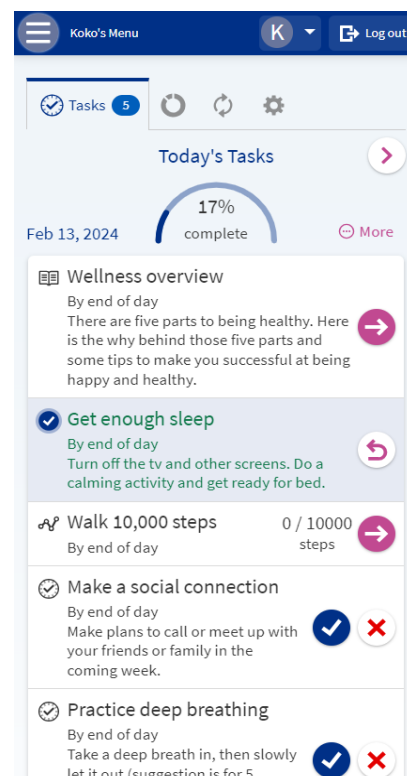
- Completing each task depends on which task is assigned:
 - **Education Tasks:** Select **Go** on a desktop or the pink arrow on a mobile device, then review the materials provided. Once reviewed, select **"I understand"** to complete the task or **"I have questions"** to send a message to the care team.
 - **Questionnaire Tasks:** Select **Go** on a desktop or the pink arrow on a mobile device, next answer all the questions and then select **Submit** to complete the task.
 - **Health-tracking Tasks:** Select **Go** on a desktop or the pink arrow on a mobile device. Select **Add new data** to enter health tracking information.
 - **General Tasks:** Select **Complete** on a desktop or the blue arrow on a mobile device to complete the task.

3. Review task completion rate

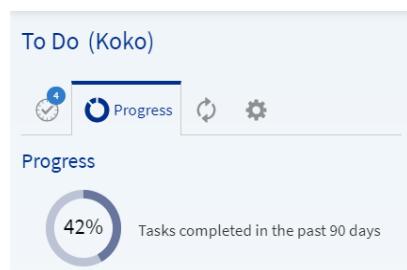
- Select **Progress** on a desktop or the chart icon on a mobile device to see the progress over the past 90 days.

4. Set reminder schedule

- Select **Manage reminders** on a desktop or the gear icon on a mobile device.
- Here you can customize when to receive the notifications and a daily summary of incomplete tasks.



Example of To Do screen



Example of Progress screen

Questions? Contact the Digital Health Support Team at 617-919-4396. Available Monday to Friday from 7 a.m. to 7 p.m. and Saturday from 8 a.m. to 4 p.m.