Special Confidentiality Issues When Performing Research Related Imaging Policy/Procedure

Internal Approval
SVP, Research
EVP & Chief Scientific Officer, Research

Scope
This policy provides specifications and guidance for researchers when performing research related imaging procedures such as magnetic resonance imaging (MRI), computerized tomography (CT), ultrasound, radiographs, and echocardiography.

Policy Statements
As part of a research protocol, images may be required from:

1. Patients undergoing images or sequences for research purposes.
2. Patients undergoing imaging for clinical care; however, the results of the scan may be also used for as research data.
3. Volunteers who are not Boston Children's Hospital patients and only having images taken because they are part of the research

Review for Incidental Findings
It is the policy of the IRB that all images obtained for research purposes are to be read by an appropriately qualified radiologist/clinician to determine if there are incidental findings. There is an ethical obligation to review these images because incidental findings may be of clinical significance.
All investigators are required to:

1. Implement a mechanism to ensure that images are reviewed by an appropriately trained clinician, and
2. Develop a plan for reporting incidental findings as part of their protocol application in a timely manner.
   a. It is often recommended that investigators consider whether adding a radiologist to the research protocol would assist in the review of images and reporting of information as necessary.
   b. Even when a radiologist is not part of the research team, investigators need to consider who receives information on incidental findings and how they will be reviewed and reported.
   c. In general, it is not acceptable to have research coordinators responsible for the receipt of such reports without the oversight and attention of the investigator or other qualified co-investigators.

Procedures

Scheduling for Research Imaging

In accordance with the policies of Boston Children's Hospital, research imaging research subjects must first be entered into the Boston Children's Hospital EPIC system.

1. For Boston Children's Hospital patients, scheduling accounts already exist.
2. For individuals who will only visit the hospital for research purposes, an EPIC account must first be established. In order to establish an EPIC account, there are specific fields of data that are requested.
   a. **Insurance**: One field is information regarding third party payers/medical insurance, even if insurance will not be billed and covered by the research. Insurance information is mandatory.
   b. **Primary Care Physician**: Another field requested is the research subject's primary care physician. This field may be left blank. Once again in accordance with Boston Children's policy, if a primary care physician is provided, this physician will be sent a copy of the report generated by the radiologist/clinician after it is reviewed for incidental findings.
      i. Investigators are urged to advise research subjects about reporting to primary care physicians and either allow subjects a choice or instruct them accordingly as to whether to provide this information.

Medical Records of Research Imaging

Research images will be filed in either an existing medical record or a new medical record will be created, if one does not exist. The medical record will contain the actual image and the report that is generated by the radiologist/clinician.
Implications for Confidentiality

The requirements for scheduling, having a radiologist/clinician review the images and placing the images in a medical record impact confidentiality provisions for the research subject.

Subjects cannot be told that only the investigator and research team will have access to research results, since images and report results will be placed in their medical record. In addition, if a research report is released to a primary care physician, this also limits confidentiality provisions.

Since informed consent documents must discuss confidentiality, it is important that correct information be disseminated to research subjects. Some specific language required to address research imaging is different from template language about confidentiality for other types of research assessments and procedures.

Informed Consent Template Language Suggestions

The following template language may be used by investigators for various scenarios. Since each protocol is different, it is impossible to provide templates for each possibility. It is the investigator’s responsibility to determine which issues apply to their research and to include the appropriate information in the consent document. Investigators should adapt this template language as deemed necessary.

1. Incidental Findings When Scans Images Performed only for Research
   
   When imaging subjects there is always the risk of discovering a potential abnormality. We emphasize that the (insert type of image/scan) being performed for this study are designed to answer specific research questions and they are not designed to be used for any medical diagnoses of conditions that may or may not exist. The research images, as such, are not substitutes for what a doctor would order and so may not show problems that might be picked up by clinically indicated medical images. Your research images will, however, be examined by a trained radiologist or clinician within one week of the exam. If the radiologist/clinician believes that the research study may show an unexpected abnormality, he/she may request that you return for additional imaging or recommend that you contact your physician for further follow-up. Information generated from the research imaging will become part of your medical record. It is possible that by participating in this research study you could become unnecessarily worried if an abnormality was suspected but later ruled out by further tests.

2. Incidental Findings When More Frequent or Additional Scans/Images Performed only Subjects who are patients at Boston Children's.
   
   When imaging subjects there is always the risk of discovering a potential abnormality. We emphasize that the (insert type of image) being performed for this study are designed to answer specific research questions. The research images, as such, are not substitutes for what a doctor would order and so may not show problems that might be picked up by clinically indicated medical/imaging. However, because there are more frequent (or additional) images being performed than would be routinely required for your care, they still will be examined by a trained radiologist/clinician within one week of the exam. If the radiologist/clinician believes that the research study may show an unexpected abnormality, he/she may request that you return for additional imaging or recommend that you contact your physician for further follow-up. Information generated from the research/imaging will become part of your medical record. It is
possible that by participating in this research study you could become unnecessarily worried if an abnormality was suspected but later ruled out by further tests.

3. What will happen with the information obtained as part of this research study? What about confidentiality?

In order to perform imaging for this research, you/your child will need to have an appointment scheduled through the hospital systems. If you are already a patient at the hospital your information is already on file. However, if you are not a current Boston Children's Hospital patient, the hospital is required to obtain certain types of information in the event it was ever required for your care. You will be asked for insurance/third party payer information even if the research will cover the costs of these tests. In addition, you will be asked for the name of your primary care provider. You may decide whether or not to provide your primary care providers name. If you do provide this information a report about imaging will be sent to the provider.

Medical information collected during this study will become part of your/your child's hospital record. Medical records are considered permanent records. Therefore, materials cannot be deleted from the record. Medical records are available to health care professionals at Boston Children's Hospital and may be reviewed by Hospital staff in the course of carrying out their responsibilities. However, they are required to maintain confidentiality in accordance with applicable laws and Hospital policies. Information contained in your/your child's medical record may not be given to anyone unaffiliated with Boston Children's Hospital in a way that could identify you/your child without written consent, except as required or permitted by law. Information collected during the study that does not become part of your/your child's medical record will be stored in separate research files maintained by the investigator. If you/your child withdraw from the research study, information that has already been collected will become part of the research data. However, you/your child will not be identified.

Approval Signatures

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Applicability

Boston Children's Hospital- Policies & Procedures