Day Surgery – Lexington

My Hospital Story

Boston Children's Hospital

June 2023
I’m getting ready for my surgery at Boston Children’s Hospital. My doctors need to do the surgery to learn about my body or to help me get better.
I will go to the hospital with my caregivers. I can bring my favorite blanket or a stuffed animal from home.
First, we will walk into the Lexington Ambulatory Surgical Building.
Then we will talk to someone at the front desk.
Next, we’ll wait until my name is called. I can sit and play quietly while I wait.
When my name is called, a nurse will bring me and my caregiver to a new room.
This room may be busy with doctors and nurses. I may see other kids waiting for surgery, like me.
Next, the nurse will check my height and weight.
The nurse will give me a bracelet with my name.
Next, I will sit on a special bed with wheels.
My nurse will place a pulse oximeter on my finger. It checks how much fresh air is inside my body.
The nurse will check my temperature with a thermometer.
The nurse will check my blood pressure. I’ll feel a small squeeze on my arm. I can remember to hold my body still and take deep breaths.
The nurse will listen to my heart and lungs with a stethoscope.
Next, I will put on hospital pajamas.
Now I will wait for my surgery. While I’m waiting, I can play!
I’ll meet the doctors and nurses who will take care of me during my surgery.
I’ll meet the doctor who will give me medicine so I’m sleeping during my surgery. I might get the medicine through a mask like this. The mask will feel soft on my face.
The doctor can make my mask smell good. I can choose a special flavor!
I might get the medicine through a small, bendy straw called an IV.
When it’s time for my surgery, my doctors and nurses will move my bed to the next room.
Then the doctors will give me the medicine so I’m asleep for my surgery.
When my surgery is done, I’ll wake up in a different room.
My caregiver will be with me in this room.
I’ll get a popsicle or something to drink!
I’m all done.
I can go home.
I did a great job!
Developed By:

Autism Spectrum Center, Child Life Services, & Lexington Surgical Services