Phlebotomy Clinic

Boy version

My Hospital Story

Boston Children's Hospital

June 2023
I’m getting ready for my blood draw at Boston Children’s Hospital. I need this test so my doctors can learn more about my body.
First, we will walk into the hospital. I might put on a mask.
Then we will walk to the Blood Draw Lab on the 1\textsuperscript{st} floor of the Fegan building.
Next, we will talk to someone at the front desk.
We will wait until my name is called. I can sit and play quietly while I wait.
When my name is called, a phlebotomist will bring me and my caregiver to a new room.
Next, I will sit in a chair. I can sit by myself or my caregiver can sit with me.
My phlebotomist will put a stretchy band called a tourniquet on my arm. It may feel like a tight hug.
My phlebotomist will touch my arm with their finger.

I can remember to keep my arm very still. Someone might help hold my arm to keep me safe.
The phlebotomist will clean a small area of my skin. It may feel cold and wet.
Next, I may feel a pinch. I can take deep breaths, look at a book or toy or squeeze my caregiver’s hand.
Next, the phlebotomist will hold a small piece of cloth on my arm.
When the blood draw is over, the phlebotomist will put a Band-Aid on.
I am all done with my blood draw. Everyone will be so proud of me!
Developed by:
Autism Spectrum Center & Child Life Services