Your child just had their implantable loop recorder removed. This sheet describes how to care for your child at home after this procedure.

When should I call my child’s doctor or nurse practitioner?
Please call right away if your child has:
- A fever higher than 101°F/38.3°C
- Redness, swelling, fluid or pus leaking from the wound
- Increasing bruising or tenderness at the site
- Pain lasting longer than 2 weeks, or getting worse instead of better

How should I care for my child’s wound?
- If your child has sutures (stitches), they’ll dissolve on their own. They don’t need to be removed.
- An antibacterial adhesive called Dermabond will cover the incision. It dries to form a shiny, clear, purple coating that seals the incision.
  - In 1–2 weeks, the Dermabond will start to peel off. Make sure your child doesn’t pick at it.

Can my child be active?
- Your child shouldn’t do contact sports, heavy lifting and/or roughhousing for 1 week.
- Your child’s nurses can give you any letters you need about your child’s safe return to school. Your child’s nurses can speak with the school nurse, with your permission.

Will my child be in pain?
- Your child may have some discomfort.
- Your child will probably need acetaminophen (Tylenol) or ibuprofen (Advil) to help with pain or swelling.
- Talk with your child’s doctor about any allergies your child may have before giving over-the-counter medicines, like Tylenol and Advil.
- Any discomfort should get better in 1–2 weeks.

Can my child take a bath or swim?
- Your child can take a shower tomorrow.
- **Don’t soak or rub the area where the device was removed. Your child can’t take a bath, swim in a pool or soak in a hot tub for 2 weeks.**
- Don’t use creams or lotions on the incision site.

Contact us
- If you have any questions, please call the Pacemaker Office at 617-355-4676 Monday-Friday, 7am – 4pm.
- On weekends or holidays, please call the hospital operator at 617-355-6369 and page the electrophysiology (EP) doctor on call (pager #3737).

This Family Education Sheet is available in Arabic and Spanish.

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