

Ophthalmology

My Hospital Story



Boston Children's Hospital

June 2022

I am getting ready for my eye appointment at Boston Children's Hospital.



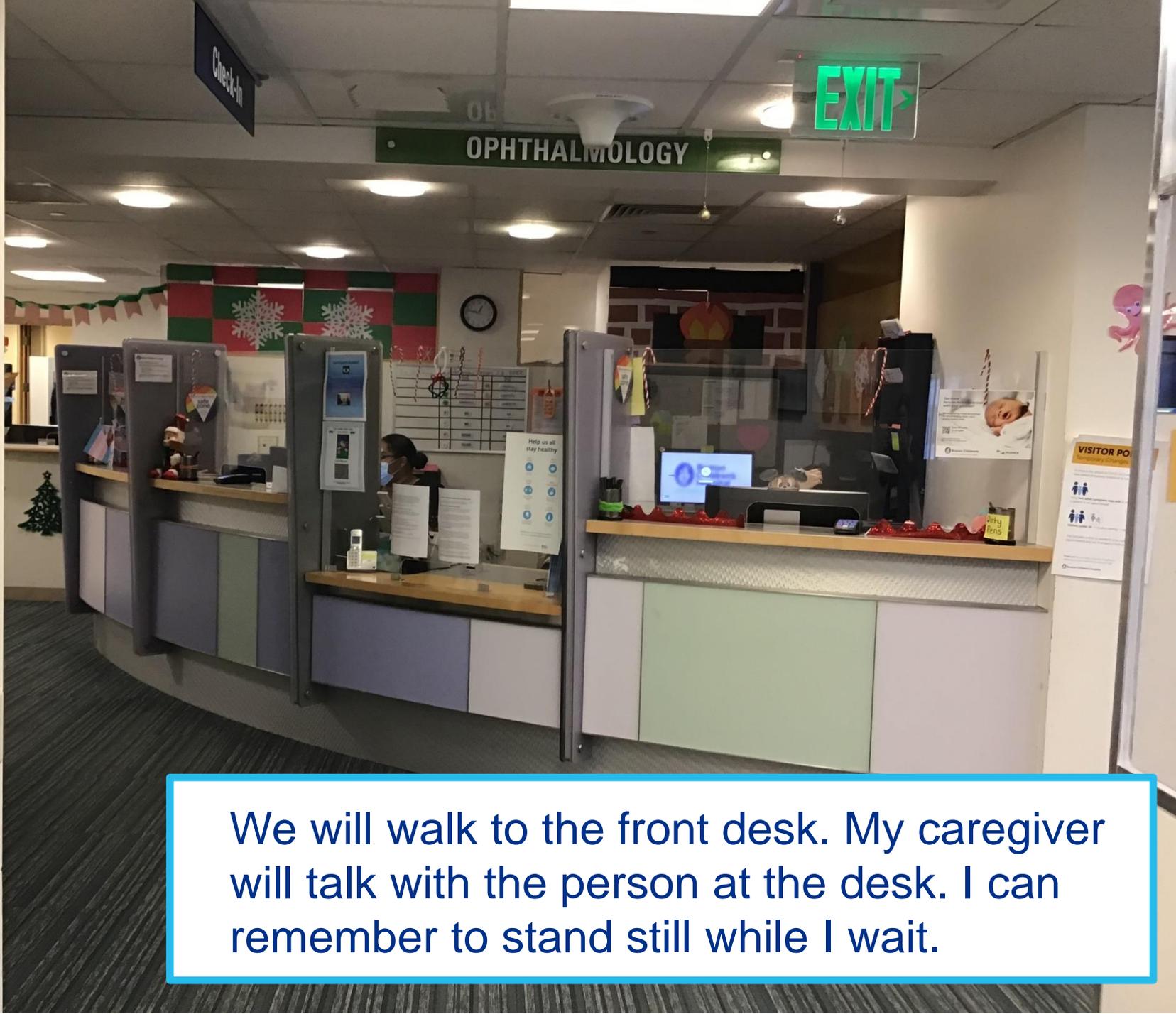


First, my caregiver and I will walk in the lobby or over the bridge. We will stop and talk to someone before we go to my appointment. They will ask us if we are feeling sick today and may give us a new mask to wear.





Then, we will ride the Fegan elevator to the 4th floor.



We will walk to the front desk. My caregiver will talk with the person at the desk. I can remember to stand still while I wait.

desk to finalize the
Check IN process

Then, we will sit
down and wait until
my name is called.

I can play quietly
while I wait.



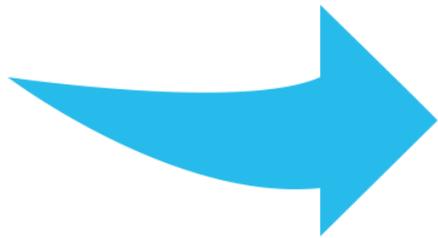


When it's my turn
someone will say
my name.

I will walk with
my caregiver to a
new room.



I will sit in a chair like this.



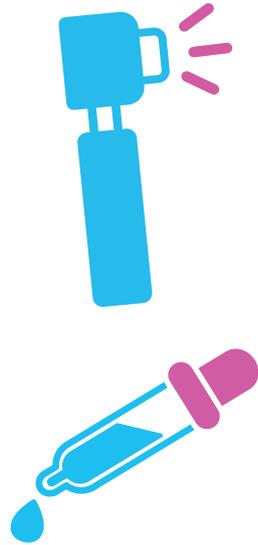
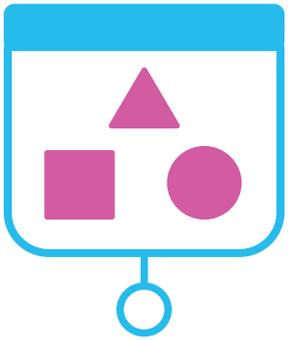


Then, I will meet someone whose job is to learn more about how my eyes work.

They will ask my caregiver and I some questions.

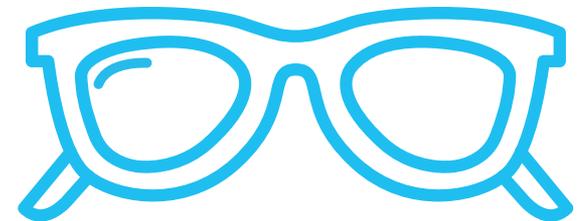


They will have special tools and eye games to learn more about my eyes.





They will give me special glasses to wear and will show me pictures to look at. They will ask me questions about what I see when I wear the 3D glasses.

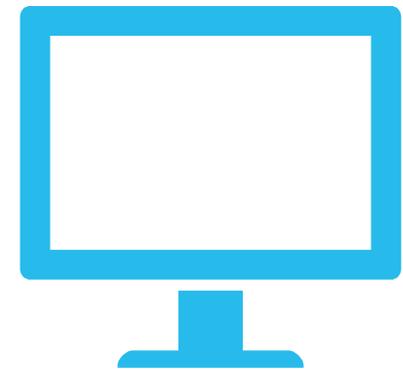


Then, they will ask me to look at a TV screen like this. The TV screen might have shapes, letters or a movie on it.





Then, they will cover each of my eyes with a small paddle or their hand. I will look at the TV screen.



It may look different when each eye is covered. That's okay. I can remember to keep my head very still, the paddle will not touch my eye.

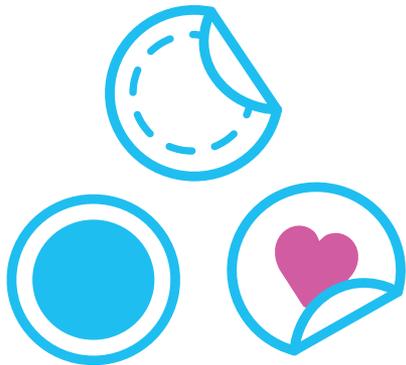




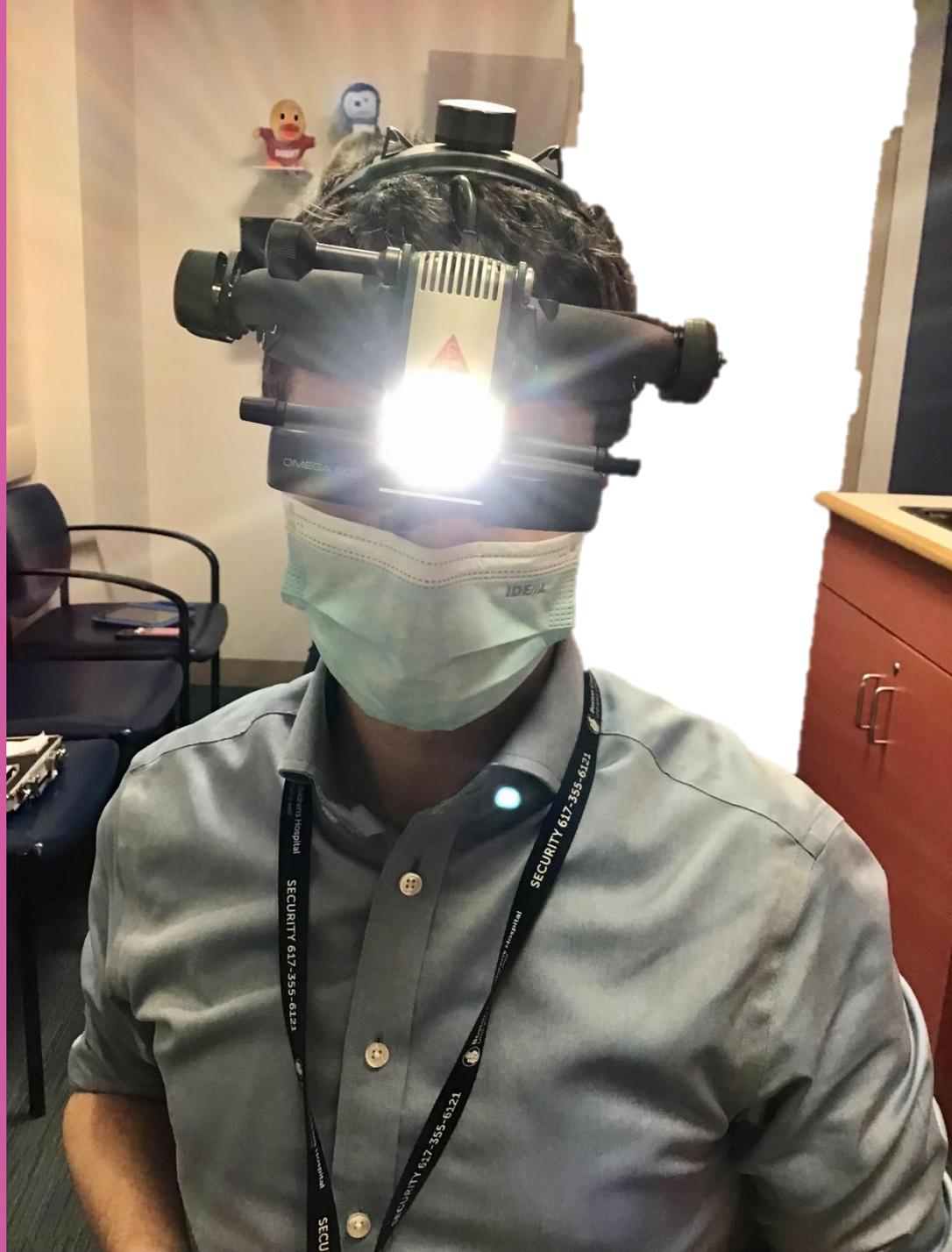
They will show me a toy to look at. They will ask me to keep my head still as I look at the toy. They might take pictures of my eye when I do this so they can show my doctor.



Then, they will cover one of my eyes at a time while I will look at a sticker or letters by their nose.

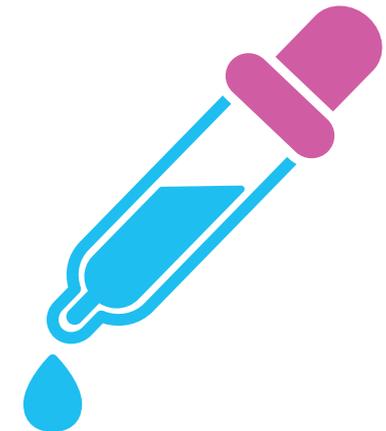


They will use a light to look at my eyes. The light will look bright but I know that I am safe. I may choose to watch a short movie when they used this light.





They may tell us that my eyes need eye drop medicine. They will help give me my eye drops.



I may get 1-4 drops, I can ask how many I need. The eye drops will feel like little drops of water and may sting for a few seconds. I can remember to take 10 big blinks after I get my eye drops and take deep breaths.

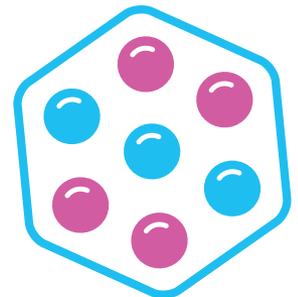
Things might look and feel a little different when I get my eye drops, this is okay.



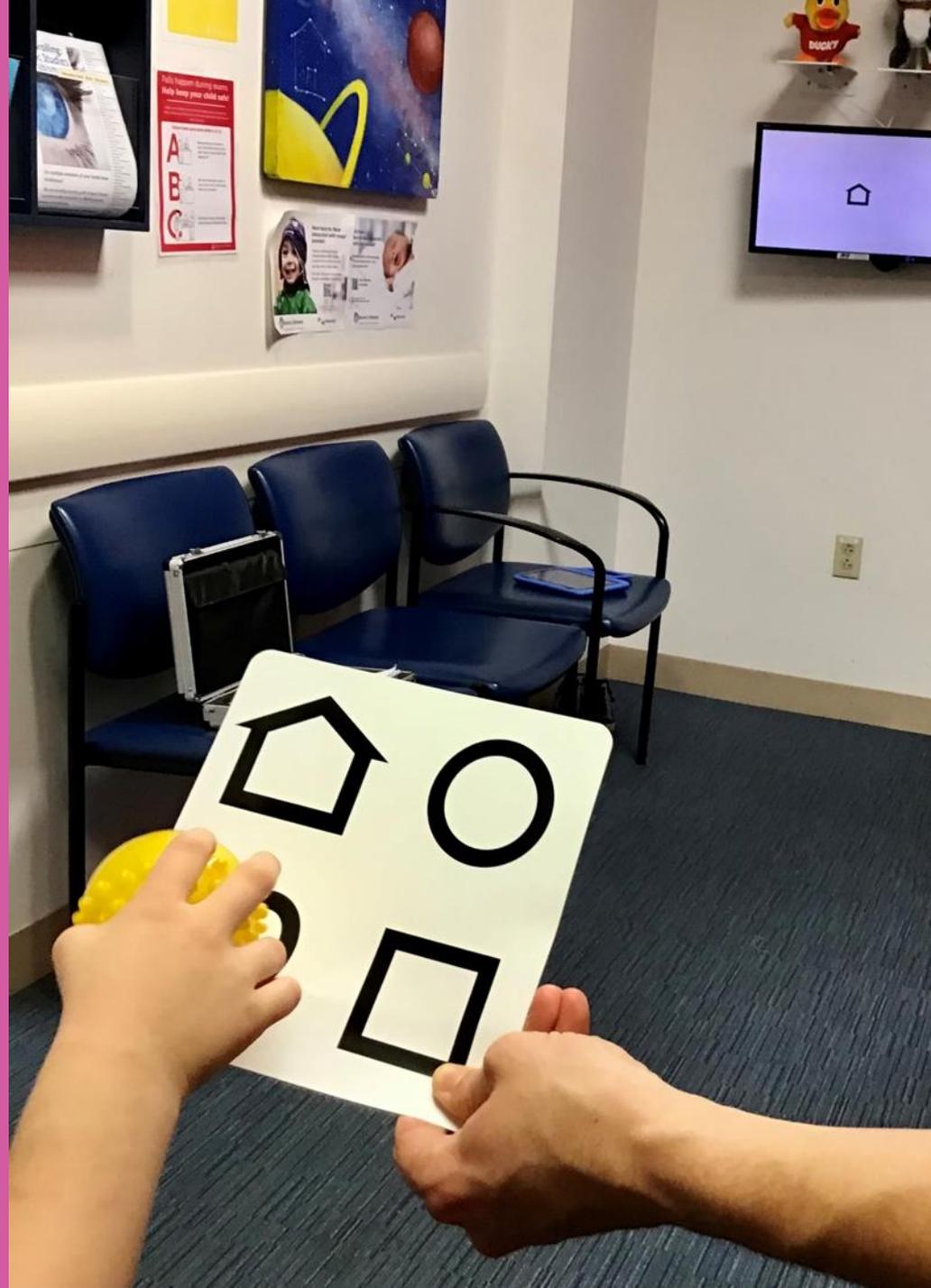
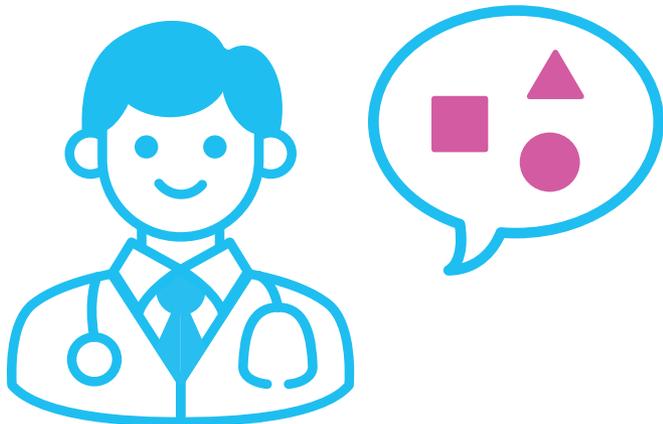


After I get my eye drops, I will get a break. I can play during my break.

Then I will meet my eye doctor.

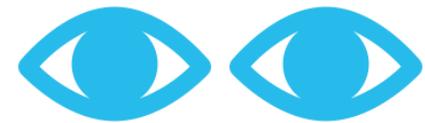


My eye doctor
will ask me to
look at more
letters or shapes
and will ask me
questions about
what I see.





My doctor might ask me to look through different lenses to learn how to help my eyes see best.



Then, my doctor will put on a hat with a light. The light helps my doctor see my eyes better.

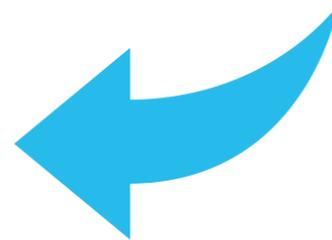
The light will look bright, I can remember to take deep breaths and keep my body still.





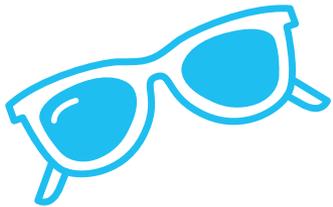
Next, my doctor needs to look at different parts of my eyes.

I will rest my face on a special eye machine that looks like this.



Things may look different for a little while after my appointment.

This is okay, I can wear sun glasses when I go home or have my caregiver hold my hand.



↑ ↗ To Fegan Elevators



Now my eye
appointment is
all done.

**Everyone will be
so proud of me!**



Developed By:

Autism Spectrum Center & Child Life Services