

Criteria for Discontinuation of Home Isolation/Quarantine

	Positive Test <u>with</u> Symptoms	Positive Test <u>without</u> Symptoms	Negative Test <u>with</u> Symptoms, No Exposure	Exposure
<p>Fully Vaccinated and Boosted</p> <p>OR</p> <p>Recently Fully Vaccinated <i>2 week to 6 months Pfizer/Moderna</i> <i>or</i> <i>2 weeks to 2 months J&J</i></p>	<p>5 days isolation from start of symptoms (release on day 6) AND >=24 hours have passed since resolution of fever without the use of fever-reducing medications AND Other symptoms have improved AND Wear a mask for 5 additional days when around others (if unable to wear mask, isolate for 10 days, release on day 11)</p> <p><i>Additional requirements exist for patients who had severe illness or are immunocompromised</i></p>	<p>5 days isolation (release on day 6) AND Wear a mask for 5 days when around others (if unable to wear mask, isolate for 10 days, release on day 11)</p> <p><i>Additional requirements exist for patients who are immunocompromised</i></p>	<p>≥24 hours have passed since resolution of fever without the use of fever-reducing medications AND Other symptoms have improved</p> <p>OR</p> <p>Based on the recommendations for an alternative diagnosis if made (e.g., influenza or strep pharyngitis)</p>	<p>No quarantine AND Wear a mask for 10 days AND Test on day 5 (recommended)</p> <p>If develop symptoms, get tested immediately and quarantine until negative result received</p>
<p>Unvaccinated</p> <p>OR</p> <p>Fully Vaccinated and Not Boosted <i>If vaccinated</i> <i>>6 months Pfizer/Moderna</i> <i>or</i> <i>>2 months J&J</i></p>	<p>Same as above</p>	<p>Same as above</p>	<p>Same as above</p>	<p>5 days quarantine from date of last exposure (release on day 6) AND Wear a mask for 5 additional days when around others (if unable to wear mask, quarantine for 10 days, release on day 11) AND Test on day 5 (recommended)</p> <p>If develop symptoms, get tested immediately and continue to quarantine</p> <p><i>For students in K-12 schools, see footnote²</i></p>
<p>Healthcare Workers in PPOC Practices¹ <i>For return to work</i></p>	<p>Contact PPOC Patient Safety Team</p>	<p>Contact PPOC Patient Safety Team</p>	<p>Same as above</p>	<p>Contact PPOC Patient Safety Team</p>

¹Patients who are also healthcare workers should contact their employer for return to work guidance

²For students in K-12 schools:

- Test and Stay may be available, contact school for guidance
 - For students who are attending school and participating in Test and Stay, it is still strongly recommended that they quarantine when outside of school settings

- Per DESE, the following individuals are exempt from testing and quarantine response protocols:
 - Asymptomatic, fully vaccinated close contacts (At this time, fully vaccinated is defined as two-weeks following the completion of the Pfizer or Moderna series or two-weeks following a single dose of Johnson & Johnson's Janssen vaccine)
 - Some classroom and bus close contacts
 - Close contacts who have had COVID-19 within the past 90 days

Full Guidance

- [DPH](#)
- [DESE](#)

Definitions

Isolation: The separation of a person or group of people known or reasonably believed to be infected with a communicable disease and potentially infectious from those who are not infected to prevent spread of the communicable disease ([CDC](#))

Quarantine: The separation of a person or group of people reasonably believed to have been exposed to a communicable disease but not yet symptomatic from others who have not been so exposed to prevent the possible spread of the communicable disease ([CDC](#))

Close Contact: You are a close contact of a COVID-19 positive person if you were within 6 feet of them while indoors, for at least 15 minutes, while they were symptomatic or within the 48 hours before symptom onset. You are also a close contact if you were within 6 feet for at least 15 minutes of someone while indoors, who tested positive for COVID-19 in the 48 hours before their test was taken or anytime in the 10 days after the test. A close contact can also be someone who had direct contact with the droplets of a COVID-19 case (e.g., being coughed on) while not wearing a mask or face covering. ([DPH](#))

Date of Last Exposure: Date of last exposure to the COVID positive person during their isolation period.

Fully Vaccinated: People are considered fully vaccinated against COVID-19 ([CDC](#))

- 2 weeks after their second dose in a 2-dose series, such as the Pfizer-BioNTech or Moderna vaccines, or
- 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine