Welcome! Follow these steps to set up and use your Tyto device.

**SET UP**

You’ll need a mobile phone or tablet that has internet access through Wi-Fi or a personal hotspot.

1. Download the TytoCare app from the App Store (iOS) or Google Play (Android) onto your smartphone or tablet.

2. Open the TytoCare app. Sign into your account with your email address and the temporary password you received from TytoCare. Be sure to change your password.

3. Turn on your Tyto device by pressing the button on the top of the device. Follow the instructions on your device to pair it with the TytoCare app.

**LEARN**

1. Complete Tyto Academy

   Follow the Tyto tutorials to learn how to use your Tyto device. To start, tap the 🎨 icon in the upper right corner of the TytoCare app.

2. Try It Out with Our Help

   Our support team will contact you about a week before your upcoming virtual visit. You’ll practice using the Tyto device by taking and submitting a temperature exam.

**PERFORM EXAM**

TytoCare exams are used to share measurements with your provider in two different situations.

- **Before a Scheduled Virtual Visit**
  
  Perform the exam one day before a scheduled visit.

- **For Non-Emergency Health Concerns**

  The exams you submit are not monitored continuously. For follow-up, you **MUST** contact your clinic.

**JOIN VISIT**

To join a TytoCare virtual visit:

1. Log in to the TytoCare app and select **See a Clinician Online**. Then select your clinic.

2. When you are asked to join, select **Join** and enter the meeting.

For questions or help using Tyto call 617-919-5141