Methanol is a toxic "alcohol" that can be found in:
- paints
- varnishes
- anti-freeze
- cigarette smoke
- fuels
- pesticides
- wood preservatives

Methanol can harm the body by:
- breathing it in
- eating or drinking
- touching skin
- getting in the eyes

Symptoms of exposure include:
- confusion
- dizziness
- loss of coordination
- blindness
- death

If you have any concerns, call POISON CONTROL at 1-800-222-1222

Disclosures
This material was supported by the American Academy of Pediatrics (AAP) and funded (in part) by the cooperative agreement award number 1NU3TS000296-01-00 from the Agency for Toxic Substances and Disease Registry (ATSDR).

Acknowledgement: The U.S. Environmental Protection Agency (EPA) supports the PEHSU by providing partial funding to ATSDR under Inter-Agency Agreement number DW-75-95977701. Neither EPA nor ATSDR endorse the purchase of any commercial products or services mentioned in PEHSU publications.