Childhood Lead Exposure

6 Actions to Reduce Your Family’s Risks

1. Wash Hands and Toys Frequently

2. Leave Shoes (and dirty clothes) at the Door

3. Damp Mop and Dust

4. Create Barriers to Suspected Lead Paint

5. Keep Windows Closed

6. Eat a Well-Balanced Diet
   **iron, calcium, magnesium and vitamins C and D**

This material was supported by the American Academy of Pediatrics (AAP) and funded (in part) by the cooperative agreement award number 1 NU61TS000296-01-00 from the Agency for Toxic Substances and Disease Registry (ATSDR).

Acknowledgement: The U.S. Environmental Protection Agency (EPA) supports the PEHSU by providing partial funding to ATSDR under Inter-Agency Agreement number DW-75-95877701. Neither EPA nor ATSDR endorse the purchase of any commercial products or services mentioned in PEHSU publications.

www.childrenshospital.org/pehc