



Course objectives

- » Identify important aspects in pediatric nutritional assessments
- » Describe multiple pediatric diagnoses and their implications for nutritional care
- » Apply practical management guidelines for children with various nutritional needs

Boston Children's Hospital has requested 12.5 hours of continuing education credits for Registered Dietitians.

LOCATION

Boston Children's Hospital
Folkman Auditorium,
Enders Building
300 Longwood Avenue
Boston, MA

Wheelchair accessible



WHAT TO BRING

Please have pen and calculator for case studies.

DIRECTIONS

The Longwood Medical area is accessible by public transportation. By subway, take the Green Line, **D (Riverside)** or **E (Heath Street)** to the Longwood stop.

childrenshospital.org/directions

PARKING

- » **\$37/day** at Boston Children's Parking Garage—across from the main entrance to the hospital at the corner of Blackfan St. and Longwood Avenue.
- » **\$31/day** at 375 Longwood Garage—above Bruegger's Bagels, three blocks north of Boston Children's.

QUESTIONS

Email nutritiondept@childrens.harvard.edu or call **617-355-4677**

Course faculty

Katelyn Ariagno, RD, LDN, CNSC*

Tracie Clarke, MS, RD, LDN*

Katelyn Castro, MS, RD, LDN*

Karen Costas, MPH, RD, LDN*

Liana DeLoid, MS, RD, LDN*

Wendy Elverson, RD, LDN*

Emily Finnan, MS, RD, LDN*

Megan Gray, RD, LDN, CNSC*

Erin Gordon, MS, RD, LDN, CDE*

Erin Keenan, MS, RD, LDN*

Carolyn Lubenow, MA, CCC-SLP, CLC

*Speech-Language Pathologist
Feeding & Swallowing Program
Boston Children's Hospital*

Jessica Leonard, RD, LDN*

Laura Moretti, MS, RD, LDN, CSSD*

Julie Norton, RD, LDN

Michelle Raymond, RD, LDN, CDE*

Jane Riebold, MS, RD, LDN, CNSC*

Coral Rudie, MS, RD, LDN, CNSC*

Catharine Seiler, MS, RD, LDN*

Allison Shaffer, RD, LDN*

Katrina Smith, RD, LDN*

Mollie Studley, MS, RD, LDN*

*Nancy Sullivan, PhD
Staff Psychologist
Developmental Medicine Center
Boston Children's Hospital*

*Karen Sussman-Karten, RN, BSN, IBCLC
Lactation Specialist
Boston Children's Hospital*

Stacey Tarrant, RD, LDN*

Lynn Tougas, RD, LDN*

Krista Viau, PhD, RD, LDN, CSP*

Sharon Weston, MS, RD, LDN*

**Clinical Nutrition Specialist,
Boston Children's Hospital*



Introduction to Pediatric Nutrition

October 28 and November 4



Boston Children's Hospital
Nutrition Center

Monday, October 28

8–8:30 a.m.

Registration / Continental Breakfast

8:30–8:40 a.m.

Welcome

Michelle Raymond, RD, LDN, CDE

8:40–9:35 a.m.

Human Milk and Breastfeeding

Karen Sussman-Karten, RN, BSN, IBCLC

9:35–10:30 a.m.

Nutrition Assessment and Malnutrition Criteria

Erin Keenan, MS, RD, LDN

10:30–10:45 a.m.

Break

10:45–11:40 a.m.

Pediatric Formulas – Commercial and Blended Food

Sharon Weston, MS, RD, LDN & Tracie Clarke, MS, RD, LDN

11:40 a.m.–12:40 p.m.

Lunch (on own)

12:40–1:35 p.m.

Premature Infant

Coral Rudie, MS, RD, LDN

1:35–2:20 p.m.

ARFID

Lynn Tougas, RD, LDN

2:20–2:35 p.m.

Break

2:35–3:25 p.m.

Assessment and Formula Breakout

*Megan Gray, RD, LDN, CNSC
Michelle Raymond, RD, LDN, CDE
Catharine Seiler, MS, RD, LDN
Mollie Studley, MS, RD, LDN*

3:25–3:35 p.m.

Travel

3:35–4:30 p.m.

Behavioral Feeding Therapy

Nancy Sullivan, PhD

Monday, November 4

8–8:30 a.m.

Registration / Continental Breakfast

8:30–9:25 a.m.

Feeding and Swallowing

Carolyn Lubenow, MA, CCC-SLP, CLC

9:25–10:10 a.m.

Case Study–Sports Nutrition

Laura Moretti, MS, RD, LDN, CSSD

10:10–10:25 a.m.

Break

10:25–10:55 a.m.

Case Study–Esophageal Atresia

Jane Riebold, MS, RD, LDN, CNSC

10:55–11:45 a.m.

Ketogenic Diet for Epilepsy

*Karen Costas, MPH, RD, LDN
Stacey Tarrant, RD, LDN*

11:45 p.m. – 12:45 p.m.

Lunch (on own)

12:45 p.m.–1:15 p.m.

Case Study–Inborn Errors of Metabolism

Krista Viau, PhD, RD, LDN, CSP

1:15–1:55 p.m.

Feeding Practices and Picky Eating

Liana DeLoid, MS, RD, LDN

1:55–2:25 p.m.

Case Study – Congenital Heart Defects

*Emily Finnan, MS, RD, LDN
Allison Shaffer, RD, LDN*

2:25–2:40 p.m.

Break

2:40–3:30 p.m.; 3:40–4:30 p.m.

Concurrent Sessions:

- **Obesity: A Multidisciplinary Approach**—*Katelyn Castro, MS, RD, LDN & Katrina Smith, RD, LDN*
- **Eating Disorders**—*Julie Norton, RD, LDN*
- **Critical Care**—*Katelyn Ariagno, RD, LDN, CNSC*
- **Food Allergy**—*Wendy Elverson, RD, LDN*
- **Diabetes**—*Erin Gordon, MS, RD, LDN, CDE*
- **Cystic Fibrosis**—*Jessica Leonard, RD, LDN*

Registration

Space is limited. Registration deadline is **October 11, 2019**. Complete course syllabus will be distributed electronically one week prior to conference via registration email.

Name _____

School/Work Affiliation _____

Home Address _____

Phone (_____) - ____ - _____ School/Work/Home

Email (Your registration will be confirmed via this email)

Web conference option: Please email for pricing: michelle.raymond@childrens.harvard.edu

FEE: Full-time students: **\$70**

Dietitians, Nutritionists or Allied Health: **\$225**

PAYMENT METHOD

• Check enclosed

Make payable to: Nutrition Center Boston Children's Hospital

• Visa Mastercard AmEx Discover

Credit Card # _____

Expiration ____/____

Security Code _____

Please mail or fax completed registration with check or credit card information to:

**Nutrition Center
Boston Children's Hospital/BCH 3127
333 Longwood Avenue, RM #LO-411.2
Boston, MA 02115**

Fax: 617-730-4722

Phone: 617-355-4667

