

# Patient & Parent Survey 14-Year-Olds



**Westwood-Mansfield Pediatrics**  
Boston Children's  
Primary Care Alliance



# Parent Survey

Child's name: \_\_\_\_\_

Date: \_\_\_\_\_

## General

What are your teenager's strengths?

\_\_\_\_\_

Has your teenager won any academic, sports, or other awards this past year (including honor roll)?  Yes  No

If yes, what are they?

Does your child know the important parts of his/her medical history (ie: allergies, medications, etc.)?  Yes  No

Do you have concerns about your child's sleep?  Yes  No

How many days of school has your child missed this year? \_\_\_\_\_

How many days of school did your child miss last year? \_\_\_\_\_

## Nutrition/Healthy lifestyle

Do you have any worries about your teenager's diet?  Yes  No

If yes, please elaborate:

\_\_\_\_\_

Are you worried about your child's BMI?  Yes  Somewhat  No

Does your child:

Eat 5 (or more) servings of fruits/vegetables daily?  Yes  No

Have carbohydrates as the main part of his/her diet?  Yes  No

Eat foods with whole grains and fiber?  Yes  No

Eat 3 (or more) servings of dairy daily?  Yes  No

Drink sugared soda, juice, or sports drinks regularly?  Yes  No

Eat breakfast daily?  Yes  No

Eat more than 2 snacks a day?  Yes  No

Eat "fast food" one or more times weekly?  Yes  No

Eat meals together as a family ("family meals")?  Yes  No

Eat after dinner or before bedtime (ie:dessert)?  Yes  No

Get physical activity on a daily basis?  Yes  No

Would you like some literature on diet for children?  Yes  No

## Social

Does your teen have friends he/she sees regularly?  Yes  No

Are you concerned your child is being bullied?  Yes  No

## Mental health

Do you feel your child has good self-esteem?  Yes  No

Has your teenager seen a mental health provider (or school counselor at anytime)?  Yes  No

Are you concerned your teen might have anxiety?  Yes  No

Are you concerned your teen might be depressed?  Yes  No

Has your teen ever considered or attempted suicide?  Yes  No

## Health of family

Are there any significant marital, health, financial or employment stresses at home?  Yes  No

If yes, please explain (if you would like):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Are you:

Married  Partnered  Separated  Divorced

Single  Widowed  Other

Do you/your partner have depression or anxiety?  Yes  No

Has there been any change in employment status (new job or lost job)for you/your partner in the last year?  Yes  No

Does anyone in your house smoke?  Yes  No

If yes, would you like information on quitting?  Yes  No

Does anyone in your family have issues with alcohol or drugs?  Yes  No

Do you feel safe in your own home?  Yes  No

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## Learning

Do you have concerns about your child's academic performance?  Yes  No

What kind of student is your teen?

Poor  Average  Good  Great

Does your teenager like school?  Yes  No

Is your child on a 504 Plan or IEP?  Yes  No

## Media/On-line safety

Does your child have a TV or internet access in his/her room?  Yes  No

Do you monitor the websites your teenager visits?  Yes  No

Do you utilize parental controls?  Yes  No

Has your child been bullied on-line?  Yes  No

Is your teen's phone in their room at night?  Yes  No

## Safety

Has your child had any injuries this last year?  Yes  No

Have you removed old medications from your medicine cabinet (especially pain or anxiety meds)?  Yes  No

Have you discussed drugs and alcohol with your teen?  Yes  No

Has a parent discussed sexual health with your teen?  Yes  No

## Health care maintenance

Has your teen travelled outside the country this year?  Yes  No

Has your teen been hospitalized/had surgery this year?  Yes  No

Has your child been to an ER or specialist this year?  Yes  No

Are there any subjects you would like us to discuss with your teenager? Please be as specific as you can.

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Do you have any questions about your child for today's visit?

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# Pediatric System Checklist

Caregiver completing this form:

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Date: -----

Name of child: -----

## Please indicate which best fits your child

1. Feels sad, unhappy

Never       Sometimes       Often

2. Feels hopeless

Never       Sometimes       Often

3. Is down on him or herself

Never       Sometimes       Often

4. Worries a lot

Never       Sometimes       Often

5. Seems to be having less fun

Never       Sometimes       Often

6. Fidgety, unable to sit still

Never       Sometimes       Often

7. Daydreams too much

Never       Sometimes       Often

8. Distracted easily

Never       Sometimes       Often

9. Has trouble concentrating

Never       Sometimes       Often

10. Acts as if driven by a motor

Never       Sometimes       Often

11. Fights with other children

Never       Sometimes       Often

12. Does not listen to rules

Never       Sometimes       Often

13. Does not understand other people's feelings

Never       Sometimes       Often

14. Teases others

Never       Sometimes       Often

15. Blames others for his or her troubles

Never       Sometimes       Often

16. Refuses to share

Never       Sometimes       Often

17. Takes things that do not belong to him or her

Never       Sometimes       Often

## Does your child have any emotional or behavioral problems for which he/she needs help?

Yes       No       Already receiving help