QUESTIONS TO ASK YOUR DOCTOR
when your child is diagnosed with heart failure

After your child is diagnosed with heart failure, you may feel overwhelmed with information. It can be easy to lose track of the questions that occur to you.

Many parents find it helpful to jot down questions as they arise – that way, when you talk to your child’s doctors, you can be sure that all of your concerns are addressed. If your child is old enough, you may want to suggest that she write down what he or she wants to ask, too.

Here are some questions to get you started:

What’s the best treatment for my child right now?

What should we expect within the next few weeks, months and years? How is the condition likely to progress?

What are the most important things I can do to manage my child’s condition?

What symptoms should I be concerned with/looking for?

If any symptoms seem to get worse or change suddenly, what’s the best way for us to contact you?

How much experience does this institution have in treating children with congestive heart failure?

Visit the Boston Children’s Hospital Heart Center page to learn more: bostonchildrens.org/heart