PICC Dressing Change
My PICC line is covered with tape and special band aids. Sometimes, my nurses need to give me new tape and new band aids. These are called dressings.
When it’s time to change my dressing, I can choose something fun to distract me. I can read a book, play with a toy, or watch something on TV.
Other people in the room will need to wear masks to keep my PICC line clean while the dressing is being changed. They might look silly with the mask, and that’s okay!
I need to stay very still while my dressing is changed and I cannot touch it. My nurse will be very happy if I keep my body still.
My nurse will put on gloves and use special wipes to help take off my old dressing.
When the old dressing is off, my nurse will put on a new pair of clean gloves. She will use a special sponge to clean my arm. The sponge is cold and wet, but it’s very important to make sure it’s clean!
My skin will need to dry after using the wet sponge. I will keep being very still while it dries.

Let’s wait for my arm to dry!
Once my skin is dry, a new dressing will be put on my arm. The dressing has a special band aid with two plastic clips and maybe some clear tape. The clips make a snapping sound when they close around the PICC site.
When we are all done, everyone can take off their masks. Everyone will be so proud of me for getting my PICC dressing changed!

Great job Brennan!!

The PICC dressing change is done!