



## Investigator Self Experimentation

### Policy

Faculty and staff members who wish to act as participants in their own research protocols should consider themselves human subjects. Boston Children's Hospital requires submission of a protocol or submission of an amendment to the IRB prior to self-enrollment in a project or initiation of the experimentation on oneself. The IRB is authorized to review and approve requests for self-experimentation.

### Procedures

As part of its commitment to the protection of rights and welfare of individuals participating in research activities that involve self-experimentation (including investigator's collecting samples from themselves) constitute human subject research and require the review and approval by the IRB. The regulations do not regard research on oneself as different than research on others. Prior to commencing any research activity that involves self-experimentation (e.g. blood draws, sample collection) the IRB must approve the inclusion of self-experimentation. This may be in the form of an individual research protocol if the investigator will be the only subject or as part of a protocol that involves multiple subjects. The IRB will review each protocol (or an amendment to add self-experimentation) and determine the appropriateness of the research. The committee will consider as part of its review the level of self-experimentation and the potential risks and benefits to the investigator as a research subject. A main concern for the IRB when reviewing a protocol that involves self-experimentation is that the ideation of a novel concept may outweigh the investigator's concern for his/her own welfare. For this reason, the committee may institute additional safeguards for the research project.

The informed consent regulations are also important to consider when an investigator proposes to participate as a research subject in their own protocol. A standard consent form must be developed and include all of the required elements. In addition the following statements must be added to the consent or as an addendum to the consent for the investigator to sign before participating.

***I am an investigator or key personnel on the above-referenced research study and intend to conduct the procedures as described in the approved protocol and consent form on myself: I am aware that the procedures are considered to constitute research on human subjects. I am performing these procedures on myself voluntarily.***

***Signature and Date***

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## Document Attributes

<b>Title</b>	Continuing Review		
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