

# Registration form

Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

School District: \_\_\_\_\_ \* email address: \_\_\_\_\_

Nov. 17th Reiki |  Jan 19th: Acupressure |  Jan. 26th—Acupressure II |  April 13th ~Reiki II

Each session \$110 ~ \$385 if signing up for all 4. Please make *non-refundable* checks out to Children's Hospital Boston and mail to:

Judi Naar, Main 9 East, Children's Hospital, 300 Longwood Ave., Boston, MA 02115 \* *Confirmations are sent via email*

Children's Hospital Boston  
Judi Naar—Main 9 East  
300 Longwood Avenue  
Boston, MA 02115

# Community Education Initiative Wellness Program

*For School Nurses &  
Healthcare Providers*

Hosted By:  
Medicine Patient Services  
Community Education Initiative



Boston Children's Hospital



## Program Description

The Community Education Initiative is offering a wellness program for school nurses and community healthcare providers. This is an opportunity for you to renew and refresh your spirit. It is a time to learn new ways to keep your life in balance and gain knowledge of new self care modalities that you will be able to share with your students, family members and co-workers. Refresh your energy, renew your spirit and acquire a new perspective. Come with an open heart and intention to learn something new.



All classes are being held at:

Children's Hospital Waltham  
CRA or Dever Conference Rooms

for directions please go to:

<http://www.childrenshospital.org/locations/>

8:00am to 4:00pm

Light lunch provided

Contact Hours Provided

宝  
氣 (ray-key)

November 17th, 2012

Reiki I

A system of touching with the hands based on the belief that such touching by an experienced practitioner produces beneficial effects by strengthening and normalizing certain vital energy fields held to exist within the body.



April 13, 2013

Reiki II

In this second degree class you will be attuned as a Reiki II Practitioner. Reiki II opens energy channels to enable you to send long distance Reiki. You will learn the traditional Reiki symbols and be attuned to this level. Reiki II enhances the power of the energy that you acquired in Reiki I. Reiki promotes balance and facilitates relaxation and healing to self and others.

Prerequisite Reiki I



January 19, 2013

*Shiatsu Acupressure Pt. 1*

January 26th, 2013

*Shiatsu Acupressure Pt. 2*

Shiatsu Acupressure, based on Acupuncture therapy theory (Traditional Chinese Medicine) is a hands on method of using pressure at points along the body's energetic pathways. In this class you will learn about these points and pathways plus techniques to help your students relax and feel better

This is a two part series and part I is a prerequisite for part II.

For more information contact

Registration Info:

Judi Naar 617-355-8431 or  
[judi.naar@childrens.harvard.edu](mailto:judi.naar@childrens.harvard.edu)

Program Info:

Stephanie Porter @857-218-4333 or  
[stephanie.porter@childrens.harvard.edu](mailto:stephanie.porter@childrens.harvard.edu)

Disclosure:

It is the policy of the Hospital to disclose whatever interest or affiliation a speaker might have with any commercial organization whose product/services are related to the subject matter being presented. Such disclosure will be made available on the day of the program.