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72 Montgomery St.

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# Harvey Dulberg, PhD

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(exercise & sports psych)

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# Colony Care Behavioral Health Tracy Barnes, LICSW

**Alison Rosenberg, LICSW Cathy Spear, LICSW**

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# Collaborations in Clinical Care Joan Balaban, LICSW

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# Caroline Thies, PhD

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# Child & Family Psychological Services Beth DeFrino, PsyD

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Norwood, MA 02062

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# Robert Barnes, PhD

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# Stan Berman, PhD

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Concord, MA 01742

978-369-5036

# Samantha Schneider

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(312) 313-5015

(not accepting new patients 2/11/19)

# Harriet Jacobson, PhD

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Wellesley Hills, MA 02481 781-431-7394

# The Trainor Center Kathleen Trainor, PsyD

154 East Central St., Ste. 201A Natick, MA 01760

508-647-1644

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# Peggy Ward, PhD

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Natick, MA 01760

508-655-1775

# NASW Social Work Therapy Referral Services

Hotline: 800-242-9794

Alternative #: 617-720-2828 info@therapymatcher.org

# Leila Karam

50 Congress St. Suite 636

Boston, MA 02109

617-642-5838

# Colleen Hayden, LICSW

300 Longwood Ave, Fegan Building, 8th Fl Boston, MA 02115

617-355-6680

# Anne Daley, LICSW

85 State St. Suite 660

Boston, MA 02109

800-370-3651

# The Leggett Group\*

4238 Washington Street, Suite 316

Roslindale, MA 02131

857-273-2123

# Dedham Consultation Center

339 Washington St.

Dedham, MA 02026

781-407-7770

\*therapy & psychiatry teen & young adults

**Epione Health & Wellness** 87 East Main Street Norton, MA 02766

508-622-5033

**Elevate Counseling Services, Inc.** 117 Eastman Street, Suite 102 South Easton, MA02375

508 444-8937 x27

# The Vendetti Wellness Group

34 Hayden Rowe Street - Suite 194 Hopkinton, MA 01748

508.589.5333

# Vendetti Wellness Group

20 Cabot Boulevard- Suite 300, Mansfield,

MA 02048

508.618.1307

# Child & Family Psychological Services

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# Laura Fleischer, LMHC

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914-861-3311

# All Inclusive Mental Health

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781-929-4243

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Brookline, MA 02446

(617) 739-7190

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\*eating disorders

**Beth Mayer, LICSW** Accepting new referrals: Yes 288 Walnut Street Suite 411

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617-325-1013

\*eating disorders

# Lauren Manasse, LICSW

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\*nutrition counseloing

# Roberta Laredo, RDN, LDN, CDE

93 Union Street, Suite 300 Newton Centre, MA 02459 roberta@robertalaredo.com 617-332-4233

If none of the above providers fit your/your child’s needs, please call your medical insurance company for additional providers, or search on the “Find a Doctor” page on your insurance website.

A few helpful tips when contacting your insurance to find a behavioral health provider:

* A referral is not needed for behavioral health providers in Massachusetts
* Providers of psychotherapy are licensed as a Licensed Psychologist (PsyD or PhD), Licensed Independent Clinical Social Worker (LICSW), or Licensed Mental Health Counselor (LMHC)
* Psychotherapy may require frequent visits, choosing a provider closer to your home or your child’s school may make the schedule more manageable
* Request providers with experience working with individuals in your/your child’s age group

The type of license is less important than the therapist’s experience and fit for you/your child; feel free to contact Longwood Pediatrics Behavioral Health at 617-277-7320 with any questions.