

Registration for: Bridging the Gap Between Pediatrics and Adult Primary Care

First Name _____

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Are you a (Please Circle One) MD, DO, RN, Student, Resident, Other _____

Do you belong to a Society? _____

_____ I have included a check for the registration fee – \$75.00

OR

Please bill my credit card: _____ Visa _____ MC

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Please make check payable to NHPS & mail to: NHPS 7 N. State Street
Concord, NH 03301-4018. Thank You!



The mission of the New Hampshire Chapter of the American Academy of Pediatrics is to unite the pediatric community and the community at large around innovative solutions to the most critical challenges facing the children of New Hampshire, their families, and the pediatricians who care for them.

Health Care Transition is the process that prepares teens and young adults with chronic health conditions and disabilities to manage their health care needs and future planning more independently and to have a successful planned movement from child-centered to adult oriented care.

“The goal of transition in health care for young adults with special health care needs is to maximize lifelong functioning and potential through the provision of high-quality, developmentally appropriate health care services that continue uninterrupted as the individual moves from adolescence to adulthood.” **Consensus Statement AAP, AAFP and ACP 2002**

**Applying for 7.5 AMA, AAFP CME credits



Bridging the Gap Between Pediatrics and Adult Primary Care



Transitioning Youth With Chronic Illness
Clinical Updates, Tools & Strategies for Successful Transition

Please join **NH Pediatric Society** for the first of its kind CME event, bringing together Pediatricians, Family Physicians, Internists and other health care providers with a common goal of taking better care of our young adults with chronic conditions

April 17, 2008 7:30am-4pm

Holiday Inn 172 N. Main St. Concord, NH 03301

For details call: 603-224-1909

Program

7:30—8:00 Registration, Continental Breakfast

8:00 – 8:30 What Does the NH Survey of Adult Providers Tell Us? *Lisa Plotnik, MD and Kathy Cahill, MS, ARNP*

8:30 – 9:30 Keynote Speaker – Transition : The Health Care Professional's Role, *Patience White, MD*

9:30 – 10:15 The "Ideal" Transition and Transfer of Care. *Greg Prazar, MD, Kathy Cahill MS, ARNP and Terry Ohlson-Martin*

10:15 –10:30 Break

10:30 -11:15 “Transitions for Children with Complex Neurodevelopmental Disabilities: A Developmental Epoch Approach.” *Larry Kaplan, MD*

11:15 – 12:00 Panel- The “Reality” in Transition and Transfer of Care - *Two Youths, parent, Lisa Plotnik, MD*

12:00 – 1:15 Lunch & Round table Discussion- What Can You do in Your Practice to Improve Transition? What is Currently Being Done? *Larry Kaplan, MD, Carol Robey, MD*

1:15 – 1:45 Managing Chronic Conditions Through a Registry -*Cowan Stark, MD*

1:45 - 2:30 Epilepsy in Adolescent and Adult Women and its Implications

2:30 –2:45 Break

2:45- 4:00 Congenital Cardiac Disease in Adults-*Thomas Johnson, MD*

Support from The Health Care Transition Coalition/ Health Care Transition Project , Special Medical Services NH DHHS, NH Family Voices and The Hood Center

The charge for the day is to hear the national perspective on health care transition and learn more about tools and strategies* that are available to decrease barriers to a successful transition process including transfer of care. Updates on three clinical topics that bridge the child and adult health care systems will be presented. Results of the state-wide Adult Provider Survey on Health Care Transition will be shared. A panel of young adults will describe their experiences in changing providers or managing their care and the parent and provider perspective will be offered. Office system improvements to help manage patients with chronic illness will be described.

Tools to take back to your office...

- Transition Care Plans
- Transition Checklists for Health Care Providers
- Youth assessments – “How Well Do You Manage Your Own Health Care?” Adolescent Inventory
- Transition Medical Summary
- Adult Health Care Plan
- Registry to identify and follow patients with chronic conditions

Keynote speaker, Dr. Patience White, M.D., Professor of Pediatrics and Medicine at George Washington University School of Medicine and Health Sciences and Chief Public Health Officer, Arthritis Foundation is a leader in the field of assisting youth with chronic illnesses and disabilities in their transition to adult health care.

She will teach you more about tools and strategies that are available to decrease barriers to successful transition and transfer of care and management issues.

Lisa Plotnik, MD, FAAP, Associate Medical Director, Dartmouth Hitchcock Manchester. As a dually-certified Internal Medicine and Pediatrics physician, she is uniquely able to bridge the "health care transition" gap by providing health care both in the Pediatrics and Internal Medicine clinics to young adults with and without special health care needs. She will teach attendees techniques to successful transition based on her experiences.

Cowan Stark, MD., Medical Director, Staff Physician Martin's Point Health Care, Portsmouth, NH.

His presentation will focus on the creation of a disease registry integrated into an EHR to help improve transition and continuity in the group practice setting. The use of chronic disease specific extended care forms will also be demonstrated.

Thomas Bryan Johnson, M. D., FAAP, FACC Assistant Professor of Pediatric Cardiology Dartmouth Hitchcock School of Medicine

His goal is to discuss the size and scope of the adult congenital heart disease patient population, to review a model for trying to provide optimal medical care to children with chronic disease as they become adults and to familiarize attendees with specific health care resources available in their region.

Lawrence Kaplan MD is a Developmental Pediatrician and Director of the Center for Child Development and Genetics at DHMC. In addition to providing child development evaluations in three sites across NH he also works in the Special Medical Services Neuromotor Disabilities Program.

Greg Prazar, MD is a Pediatrician at Exeter Pediatric Associates (now a part of CORE Physician Services at Exeter Health Resources) where he has worked for the past 31 years. He has participated in many exciting and energizing projects, including working with the PROS network, for which he is the state co-coordinator. He has also been involved in practice research with CECH. For the past 11 years he has been involved with the Medical Home Project through CMHI.

Kathy Higgins Cahill MS, ARNP is Program Manager at Special Medical Services, the state program that serves children and youth with chronic illness and disability.

Terry Ohlson-Martin is a parent and Co-Director of NH Family Voices

Kathy and Terry collaborated on the Health Care Transition Project, a grant that provided outreach education to selected pediatric practices by assisting with the transition and transfer of care of several youth. The Project also established the Health Care Transition Coalition, which continues to meet to promote statewide awareness and education about transition.