

Survey of Behavioral Concerns in Children with Atopic Dermatitis & Allergies

Child's Name: _____

Today's Date: _____

Directions: Below is a list of behaviors that some children with eczema and food allergies exhibit. Please circle the number that describes *how often* the behavior occurs with your child and then circle "yes" or "no" to indicate whether the behavior is a *problem for you*.

<u>Child Behaviors</u>								<u>Is this a problem for you?</u>	
	<u>Never</u>	<u>Seldom</u>	<u>Sometimes</u>	<u>Often</u>	<u>Always</u>			<u>YES</u>	<u>NO</u>
1. Itches and scratches	1	2	3	4	5	6	7	YES	NO
2. Picks at skin	1	2	3	4	5	6	7	YES	NO
3. Has difficulty sleeping	1	2	3	4	5	6	7	YES	NO
4. Is uncooperative with treatment routine	1	2	3	4	5	6	7	YES	NO
5. Has difficulty complying with parents' requests/rules	1	2	3	4	5	6	7	YES	NO
6. Is a picky eater	1	2	3	4	5	6	7	YES	NO
7. Refuses to eat food presented	1	2	3	4	5	6	7	YES	NO
8. Has slow growth and/or does not get adequate nutrition	1	2	3	4	5	6	7	YES	NO
9. Worries about his/her medical condition	1	2	3	4	5	6	7	YES	NO
10. Has negative feelings about him/herself	1	2	3	4	5	6	7	YES	NO

Parent Concerns

Never Seldom Sometimes Often Always

For many families the treatment regimen for eczema and allergies can be complicated and stressful (i.e., restricted diet, skin care routine, medications, etc.). How often do you find it difficult to follow all of the treatment recommendations?

1 2 3 4 5 6 7

How often does the stress of managing your child's condition feel overwhelming?

1 2 3 4 5 6 7

How often do you have concerns or worries about the effects of the medical treatment prescribed for your child?

1 2 3 4 5 6 7

Many families with children who have eczema and/or food allergies experience some of the behaviors listed above. To help manage these behaviors, you have the option of meeting with a child behavior therapist in this Program to discuss treatment strategies.

Would you be interested in this service?

YES

NO