



**Children's Hospital Boston
Division of Sports Medicine**

and

Children's Sports Medicine Foundation, Inc.

present



DANCE MEDICINE

5th Annual Marino Lecture and Sports Medicine Symposium

Sunday, September 27, 2009, 7:45am-3:30pm

Children's Hospital Boston, Enders Auditorium

320 Longwood Avenue, Boston

7:00-7:45am	Registration
7:45-8:00am	Welcome/Introduction <i>Lyle J. Micheli, MD</i> <i>Mininder S. Kocher, MD, MPH</i>
8:00-8:15am	Dance Medicine: A 30 Year Retrospective <i>Lyle J. Micheli, MD</i>
8:15-8:45am	Epidemiology of Dance Injuries <i>Cynthia Stein, MD, MPH</i>
8:45-9:15am	Hip Injuries in the Dancer <i>Mininder S. Kocher, MD, MPH</i>
9:15-9:45am	Preventing Dance Injuries in a Pre-Professional/Conservatory Setting <i>Yasuko Tokunaga</i>
9:45-10:15am	Back Injuries in the Dancer <i>Lyle J. Micheli, MD</i>
10:15-10:30am	BREAK
10:30-10:50am	Knee Injuries in the Dancer <i>Bridget Quinn, MD</i>
10:50-11:10am	Disordered Eating and Nutrition <i>Jan Hangen, MS, RD, LDN</i>
11:10-11:30am	Bone Health and the Dancer <i>Kathryn E. Ackerman, MD, MPH</i>
11:30am-12:15pm	MARINO LECTURE Foot and Ankle Injuries in the Dancer <i>William Hamilton, MD</i>
12:15-1:15pm	LUNCH
1:15-1:45pm	Fundamentals of Dance Technique <i>Professor Ruth Solomon</i>
1:45-2:45pm	Dance Demonstration and Dance Medicine Panel <i>William Hamilton, MD</i> <i>Lyle J. Micheli, MD</i> <i>Professor Ruth Solomon</i> <i>Heather Southwick, PT</i> <i>Moderator: Mininder S. Kocher, MD, MPH</i>
2:45-3:00pm	Preventing Dance Injuries: A Dancer's Perspective <i>Adriana Suarez</i>
3:00-3:15pm	Adaptive Dance Program <i>Michelina Cassella, PT</i>
3:15-3:30pm	Closing remarks