



Division of Sports Medicine Children's Hospital Boston



Curriculum Outline

Primary Care Sports Medicine Fellowship Orthopedic Sports Medicine Fellowship

The Primary Care Sports Medicine Fellow has the direct responsibility for coverage of sports medicine clinics, and may wish to spend additional time with other orthopedic clinics during the week, such as the scoliosis clinic. If needed, he/she observes only in surgery one half day per week. **The Primary Care Fellow does not assist in surgery.** As part of the Primary Care Sports Medicine Fellowship curriculum, the fellow is expected to attend the Annual American College of Sports Medicine (ACSM) Team Physician Course. Your travel and accommodation expenses are reimbursed by the Children's Hospital Division of Sports Medicine. As a Primary Care Fellow in the Division of Sports Medicine at Children's Hospital, Boston, your first priority is your Fellowship. There is the opportunity to moonlight, however, the volume of moonlighting shifts you are allowed to do will be determined by the program Directors. Typically Fellows are allowed to do two shifts per month. This is subject to change at any time

The Orthopedic Sports Medicine Fellow will participate in surgical cases with Dr. Micheli, who operates five days per week. As recommended by the American Academy of Orthopedic Surgery, a fellowship in general should not be designed in such a way as to compete with the basic residency training and the technical aspects of surgery, but there is plenty of opportunity to scrub and assist with surgery, including arthroscopy, ACL reconstruction, shoulder repair, etc. Each Fellow participates in approximately 1,000 operations per year and spends 1 ½ - 2 days in clinic per week.

There is ample opportunity for both the Primary Care and Orthopedic fellow to become involved in either basic or clinical research. In particular, the fellow may become involved with some of the ongoing clinical investigations being carried out in sports medicine or spinal deformities, which are our areas of most active interest. In addition, fellows are often invited to become involved in the preparation of manuscripts on Orthopedic and/or sports medicine topics.

The Orthopedic Sports Medicine Fellow will participate in an exam given by the American Orthopedic Society for Sports Medicine (AOSSM), in April of their Fellowship year. The exam is multiple choice and can be taken at your convenience. The exam takes approximately 4 hours.

Both the Primary Care and Orthopedic Sports Medicine Fellows are required to be involved in 2 writing projects during their Fellowship, one peer reviewed and one non-peer reviewed. Topics will be decided and assigned with Dr. d'Hemecourt and Dr. Micheli at the beginning of the Fellowship. Each Fellow will also be assigned an administrative project to be completed over the course of the Fellowship. Past projects have included creation of Post Operative Instruction Sheets, Web page design, and Billing Sheet revamping.

Both the Primary Care and Orthopedic Sports Medicine Fellow carries a beeper during the day and is responsible for sports emergencies that present during clinic hours. Fellows have on-call responsibilities several times throughout the month as well. In the past, emergency calls have been infrequent and have not been a source of great time expenditure for fellows.

Both the Primary Care and Orthopedic Sports Medicine Fellow may occasionally have a local Medical Student or Resident from an area hospital shadowing them in clinic for the day. This is part of

our commitment as a teaching hospital, to afford Residents and Medical Students the opportunity to be exposed to their areas of interest.

As part of both the Primary Care and Orthopedic Sports Medicine Fellowship

curriculum, it is required for the Fellow to provide team physician coverage for several local, national and international sporting and performing arts events. It is the responsibility of the Fellow to make themselves available for this coverage, on an as needed basis up to 2-3 times per week at peak season. Some of these events include:

- **Boston Ballet:** (all performances and transition dance therapy program at BB studio)
- **Fleet Boston Celebrity Series:** (all dance companies and performing artists)
- **World Music/Crash Arts Series:** (all dance companies and performing artists)
- **Rockettes:** Radio City Christmas Spectacular
- **Broadway Musical Shows:** (Lion King/Moving Out/Hairspray/Mama Mia etc.)
- **Cirque du Soleil:** 2004 “VAREKAI”/2002 “QUIDAM”/2001 “DRALION”
- **Ailey Dance Camp Boston:** Physician Health Care Consultants
- **U.S. Figure Skating:** Local, National, International Competitions and Team Physician Coverage
- **Skating Club of Boston:** Annual ICE CHIPS Spectacular
- **Reggie Lewis Track & Athletic Center:**
 - USA Track & Field Indoor National Championships
 - ECAC Indoor Track & Field Championships
 - NCAA Division II Indoor Track & Field Championships
 - Masters Indoor Track & Field Championships
 - Reebok Indoor Games
- BAA Boston Marathon Finish Line Medical Team
- BAA Half Marathon
- BAA Jimmy Fund Walk
- Tufts Health Plan 10K for Women
- J.P Morgan/Chase Corporate Challenge Road Race
- Monster Triathlon
- **Bay State Games:**
 - Medical Director for Summer Games
 - Coordinate physician coverage for contests
 - Children’s Hospital is designated trauma center
 - Annual Bay State Games Sports Medicine Symposium
- **Harvard Summer Sports Camps:**
 - Medical Advisor and referrals
- **Boston Public Schools Sports Medicine Initiative:**
 - Provide Physician coverage for BPS Football contests
 - Harvard Combined Orthopedic Residency Program
- **Team Physician & Affiliated School Coverage:**

Babson College	Boston Latin School	Lexington Minuteman H.S.
Emmanuel College	Brookline H.S.	The Winsor School
Eastern Nazarene College	Boston Public Schools	Walnut Hill School
Lasell College	Fairhaven H.S.	
Roxbury Community College	Fessenden School	

As part of both the Primary Care and Orthopaedic Sports Medicine Fellowship

curriculum, the Sports Medicine Fellow is required to attend the following weekly and monthly conferences:

- Weekly Sports Medicine Conferences
- Monthly Sports Medicine Conferences
- New England Baptist Hospital Lectures
- New England Baptist Journal Club
- Orthopaedic Grand Rounds
- Radiology Conferences
- Children's Journal Club