Peabody Ultrasound Visit

My Hospital Story

Boston Children's Hospital

April 2016
I am going to Boston Children’s at Peabody for an ultrasound.
An ultrasound is a picture of the inside of my body
We will come into the lobby, past the security desk.
We will walk through the big glass doors toward the Radiology department.
We will check in at the main desk in Radiology.
We will sit in the waiting area until someone comes out and calls my name. We might wait for a few minutes, or we might wait for a long time. While I am waiting, I can read a book, play with toys or sit quietly. Mom or Dad can help me to find something to do while I wait.
One of the technologists will come to the waiting area and bring me to the ultrasound room.
There are chairs in the room for my parents to sit. They can be with me the whole time.
I may be asked to take off my clothes and put on a hospital gown.
The technologist will ask me to lie down on a special bed next to the ultrasound machine.
The technologist will tuck towels into my clothes or around the hospital gown to help keep my clothes and body clean.
The technologist will put warm gel on my skin where the picture will be taken.
He or she will use a special wand to move the gel over my skin to take the pictures.
I will remember to keep my body still while the pictures are being taken.
The ultrasound machine makes noises and I may hear a beep or a bell sound.
The technologist might take more than one picture. When the pictures are all done, the technologist will wipe off the gel with a towel.
I am ready to leave. Everyone will be so proud of me!
Developed By: Autism Spectrum Center & Child Life Services