Today I am going to the Developmental Medicine Center for an appointment. I will do many things while I am at the Developmental Medicine Center. This story will tell me what my appointment will be like.
I will take an elevator to get to the Developmental Medicine Center.
Then I will walk on the colorful floor.
I will see a castle while I am walking.
Next I will walk to the front desk and stand very still while my parent tells the front desk worker know that we have arrived.
Next I will sit in a chair and wait until my name is called. I can play quietly with a toy while I wait.
When it is my turn someone will say my name. I will stand on the scale to see how much I weigh.
Next I will stand very still with my back against the wall and look forward with my eyes. A measuring glass will touch the top of my head.
Next I will have my blood pressure checked. They will put a cloth on my arm which will give my arm some hugs.
Now it is time to go to a new room. I will walk down the hallway with my parent and a doctor.
The doctor will talk to my parent and me while I sit in a chair.
Then I might sit at the table with the doctor and play with puzzles, games, and look at pictures.
Sometimes I will sit in a chair at the table with no toys and talk to the doctor.
Now it is time for the doctor to do a check up with special tools on the wall. These special tools help the doctor to see my ears, eyes, and mouth.
The doctor will use a special tool to look at my ears while I sit very still.
Now the doctor will see how big my head is with a piece of paper. I will sit still while the doctor measures my head.
Next, I will stand with my parent near the front desk and wait while my parent talks to the person behind the desk.
When I am all done they might have a sticker for me to choose.
Finally, my appointment at the Developmental Medicine Center is all done. Time to say goodbye.
Developed By:
Autism Spectrum Center & Child Life Services