Introduction to Pediatric Nutrition
October 28 and November 4

Course objectives
» Identify important aspects in pediatric nutritional assessments
» Describe multiple pediatric diagnoses and their implications for nutritional care
» Apply practical management guidelines for children with various nutritional needs

Boston Children’s Hospital has requested 12.5 hours of continuing education credits for Registered Dietitians.

LOCATION
Boston Children’s Hospital
Folkman Auditorium,
Enders Building
300 Longwood Avenue
Boston, MA

Wheelchair accessible

WHAT TO BRING
Please have pen and calculator for case studies.

DIRECTIONS
The Longwood Medical area is accessible by public transportation. By subway, take the Green Line, D (Riverside) or E (Heath Street) to the Longwood stop.

childrenshospital.org/directions

PARKING
» $37/day at Boston Children’s Parking Garage—across from the main entrance to the hospital at the corner of Blackfan St. and Longwood Avenue.
» $31/day at 375 Longwood Garage—above Bruegger’s Bagels, three blocks north of Boston Children’s.

QUESTIONS
Email nutritiondept@childrens.harvard.edu or call 617-355-4677

Course faculty
Katelyn Ariagno, RD, LDN, CNSC*
Tracie Clarke, MS, RD, LDN*
Katelyn Castro, MS, RD, LDN*
Karen Costas, MPH, RD, LDN*
Liana DeLoid, MS, RD, LDN*
Wendy Elverson, RD, LDN*
Emily Finnan, MS, RD, LDN*
Megan Gray, RD, LDN, CNSC*
Erin Gordon, MS, RD, LDN, CDE*
Erin Keenan, MS, RD, LDN*
Carolyn Lubenow, MA, CCC-SLP, CLC
Speech-Language Pathologist
Feeding & Swallowing Program
Boston Children’s Hospital

Jessica Leonard, RD, LDN*
Laura Moretti, MS, RD, LDN, CSSD*
Julie Norton, RD, LDN
Michelle Raymond, RD, LDN, CDE*
Jane Riebold, MS, RD, LDN, CNSC*
Coral Rudie, MS, RD, LDN, CNSC*
Catharine Seiler, MS, RD, LDN*
Allison Shaffer, RD, LDN*
Katrina Smith, RD, LDN*

Mollie Studley, MS, RD, LDN*
Nancy Sullivan, PhD
Staff Psychologist
Developmental Medicine Center
Boston Children’s Hospital

Karen Sussman-Karten, RN, BSN, IBCLC
Lactation Specialist
Boston Children’s Hospital

Stacey Tarrant, RD, LDN*
Lynn Tougas, RD, LDN*
Krista Viau, PhD, RD, LDN, CSP*
Sharon Weston, MS, RD, LDN*

*Clinical Nutrition Specialist, Boston Children’s Hospital
Introduction to Pediatric Nutrition
October 28 and November 4

Monday, October 28
8–8:30 a.m.
Registration / Continental Breakfast

8:30–8:40 a.m.
Welcome
Michelle Raymond, RD, LDN, CDE

8:40–9:35 a.m.
Human Milk and Breastfeeding
Karen Sussman-Karten, RN, BSN, IBCLC

9:35–10:30 a.m.
Nutrition Assessment and Malnutrition Criteria
Erin Keenan, MS, RD, LDN

10:30–10:45 a.m.
Break

10:45–11:40 a.m.
Pediatric Formulas – Commercial and Blended Food
Sharon Weston, MS, RD, LDN & Tracie Clarke, MS, RD, LDN

11:40 a.m.–12:40 p.m.
Lunch (on own)

12:40–1:35 p.m.
Premature Infant
Coral Rudie, MS, RD, LDN

1:35–2:20 p.m.
ARFID
Lynn Tougas, RD, LDN

2:20–2:35 p.m.
Break

2:35–3:25 p.m.
Assessment and Formula Breakout
Megan Gray, RD, LDN, CNSC
Michelle Raymond, RD, LDN, CDE
Catharine Seiler, MS, RD, LDN
Mollie Studley, MS, RD, LDN

3:25–3:35 p.m.
Travel

3:35–4:30 p.m.
Behavioral Feeding Therapy
Nancy Sullivan, PhD

Monday, November 4
8–8:30 a.m.
Registration / Continental Breakfast

8:30–9:25 a.m.
Feeding and Swallowing
Carolyn Lubenow, MA, CCC-SLP, CLC

9:25–10:10 a.m.
Case Study – Sports Nutrition
Laura Moretti, MS, RD, LDN, CSSD

10:10–10:25 a.m.
Break

10:25–11:45 a.m.
Ketogenic Diet for Epilepsy
Karen Costas, MPH, RD, LDN
Stacey Tarrant, RD, LDN

11:45 p.m. – 12:45 p.m.
Lunch (on own)

12:45 p.m. – 1:15 p.m.
Case Study – Inborn Errors of Metabolism
Krista Viau, PhD, RD, LDN, CSP

1:15–1:55 p.m.
Feeding Practices and Picky Eating
Liana DeLoid, MS, RD, LDN

1:55–2:25 p.m.
Case Study – Congenital Heart Defects
Emily Finnan, MS, RD, LDN
Allison Shaffer, RD, LDN

2:25–2:40 p.m.
Break

2:40–3:30 p.m.; 3:40–4:30 p.m.
Concurrent Sessions:
- Obesity: A Multidisciplinary Approach—Katelyn Castro, MS, RD, LDN & Katrina Smith, RD, LDN
- Eating Disorders—Julie Norton, RD, LDN
- Critical Care—Katelyn Ariagno, RD, LDN, CNSC
- Food Allergy—Wendy Elverson, RD, LDN
- Diabetes—Erin Gordon, MS, RD, LDN, CDE
- Cystic Fibrosis—Jessica Leonard, RD, LDN

Registration
Space is limited. Registration deadline is October 11, 2019. Complete course syllabus will be distributed electronically one week prior to conference via registration email.

Name___________________________________________________________
School/Work Affiliation ____________________________________________
Home Address ____________________________________________________
Phone (_____) - (_____) - (_____) School/Work/Home
Email (Your registration will be confirmed via this email) ____________________________

Web conference option: Please email for pricing: michelle.raymond@childrens.harvard.edu

FEE: Full-time students: $70
Dietitians, Nutritionists or Allied Health: $225

PAYMENT METHOD
- Check enclosed □
Make payable to: Nutrition Center Boston Children’s Hospital
- Visa □ Mastercard □ AmEx □ Discover □
Credit Card # ________________________________
Expiration / __________ Security Code ________

Please mail or fax completed registration with check or credit card information to:

Nutrition Center
Boston Children’s Hospital/BCH 3127
333 Longwood Avenue, RM #LO-411.2
Boston, MA 02115

Fax: 617-730-4722
Phone: 617-355-4667