How to set up and use a Respimat inhaler

Your provider has prescribed a medication that is given using the Respimat inhaler. The Respimat inhaler can be used for 2 different medicines, Spiriva or Combivent. Which of these medicines do you use?

How to set up the inhaler

1. Press in the safety catch on the side of the device to remove the clear base.

2. Put the narrow silver part into the inhaler.

3. Push it down on a hard surface until you hear it click. Put the clear base back on the inhaler.

How to prime the inhaler

1. Turn the clear base in the direction of the arrows until you hear it click.

2. Point the inhaler away from you. Open the cap.

3. Press the button. Repeat steps 1 and 2 until you see the medicine spray out of the inhaler. Once you see the spray, repeat the same steps 3 more times. This will fully prime the inhaler.
How to use the inhaler

1. Twist the clear base in the direction of the arrows until you hear it click (about 1 half turn).
2. Open the cap.
3. Breathe out slowly.
4. Put the inhaler in your mouth and close your lips around the mouthpiece.
5. Press the button. Take a slow deep breath in.
6. Hold your breath for 10 seconds. Repeat steps 1–5 if your dose is more than 1 puff.

This Family Education Sheet is available in Spanish.