Boston is a city often referred to as ‘the city of neighborhoods due to its 23 distinct and diverse neighborhoods located within Boston-Proper. That; however, does not take into account the adjacent towns and municipalities that are home to Boston’s 7.6 Million commuters. This guide’s purpose is to give you a brief overview of each area.

**East Boston (approx. 45-65 minutes)**

Widely known as a strong, family-oriented neighborhood, it shares a peninsula with Logan Airport. The population has decreased over time with the expansion of transportation facilities, but there is still a strong civic pride in this urban community.

**Hyde Park (approx. 40-55 minutes)**

This residential community of 33,000 lies eight miles from downtown Boston. The neighborhood enjoys a quiet, suburban setting, is home to a national wildlife preserve, and provides its residents with the best of urban and suburban living.

**Malden (approx. 50-80 minutes)**

This ethnically diverse community is located northeast of Boston. Formerly a textile manufacturing center, it is now primarily a residential community.

**Mattapan (approx. 60-80 minutes)**

This neighborhood has historically been home to surges of immigrants. Currently, a strong economic revitalization is occurring in both the residential and business areas of this family-oriented community.

**Roslindale (approx. 35-45 minutes)**

This residential neighborhood provides its residents with suburban comforts as well as urban access. Strong civic and crime watch organizations make it a source of pride for those families who call it home.

**Roxbury (approx. 25-30 minutes)**

This neighborhood is the geographical center of the city of Boston, and is filled with historical landmarks and points of interest. Residents have a strong civic pride in this community, which is currently undergoing economic development.

**South Boston (approx. 30-45 minutes)**

Called "Southie" by its residents, this neighborhood is steeped in rich heritage. Located on a Boston Harbor peninsula, Southie attracts a diversity of people drawn to the beaches, hills, and water views.

**West Roxbury (approx. 40-50 minutes)**

This neighborhood is the city's southwesternmost community. It is filled with beautiful Victorian homes and its residents take pride in a variety of civic activities.

**Cambridge (approx. 35-50 minutes)**

This community is home to Harvard University and the Massachusetts Institute of Technology. The busy Harvard Square area is the center of activity in Cambridge and is home to retail shops, historic buildings, offices and restaurants.
BOSTON NEIGHBORHOODS AND SURROUNDING AREAS

Allston-Brighton (approx. 30-45 minutes)
This former industrial district along the Charles River is Boston's largest neighborhood. With over 65,000 residents living within its 4.5 square miles, this community is home to many college students, young families, and professionals.

Back Bay/Beacon Hill (approx. 15-30 minutes)
This neighborhood reflects the society of "Old Boston." Located just off the Boston Common and Public Garden, this community is rich in landscape and architecture. The 32,000 residents enjoy a satisfying mix of commercial and residential districts.

Central Boston (approx. 30-40 minutes)
This neighborhood is the oldest section of Boston. Within its boundaries are Boston’s Financial District, Faneuil Hall and Quincy Market, Government Center, the Waterfront and the ethnic neighborhoods of the North and West Ends, Chinatown and South Cove.

Fenway/Kenmore/Symphony
(approx. 5-15 minutes)
Home to Fenway Park, the Boston Symphony Orchestra, and the Museum of Fine Arts, this continually evolving neighborhood attracts many students, artists, and professionals with its mixture of cultural and educational activities.

Jamaica Plain (approx. 30-40 minutes)
This neighborhood is home to Grand Pond, Arnold Arboretum, and impressive portions of the famed Emerald Necklace, a system of parks that stretch throughout the neighborhood. This community is a cultural haven to many residents.

North and South Dorchester
(approx. 40-65 minutes)
These are constantly growing and changing neighborhoods. Within their boundaries exist the spectacular John F. Kennedy Library and the beautiful Dorchester Bay. The residents of these diverse neighborhoods display strong civic pride and community involvement.

South End (approx. 20-30 minutes)
This neighborhood is tucked between South Boston and Fenway/Kenmore. Ethnic diversity draws culture seekers, artists, and Bostonians who see future opportunities in this continually changing community.

Brookline (approx. 15-25 minutes)
This suburban-style residential community that is surrounded by Boston neighborhoods is also home to many Boston College students during the academic year. Its residents treasure the beauty of its many Victorian homes and its parks.
Newton (approx. 40-50 minutes)
This large residential community is home to Boston College. It is located just west of Boston along the Massachusetts Turnpike.

Quincy (approx. 55-70 minutes)
This community is located south of Boston and is home to many diverse residential neighborhoods. There are many recreational activities available along its shoreline.

Somerville (approx. 45-65 minutes)
Home to Tufts University, this community is adjacent to Cambridge and offers quick and easy access to Harvard Square and major shopping areas.

Watertown (approx. 55-85 minutes)
Located west of Boston near Newton this attractive residential community provides high quality housing and town services. Here you may catch a glimpse of the historic Charles River as it winds its way into Boston Harbor.

Charlestown (approx. 40-50 minutes)
This is the smallest neighborhood in the city, with its 14,000 residents. Home to the site of the Battle of Bunker Hill, this neighborhood is a fine example of a community filled with cultural spirit.

Times are based on public transportation
TRANSPORTATION

By Car

There are 3 main routes into Boston:

- I-90 (Massachusetts Turnpike) from the west
- I-95 from the north and south
- I-93 from the north and south

By Subway and Bus (Local)

The MBTA offers an online trip-planner useful for figuring out how to get here by subway, local bus, and train.

- **Costs**: cash on board, $2.50; or monthly link pass, $70.00, unlimited travel on subway and local bus.
- Children’s offer a 50% subsidy of up to $125 monthly for all forms of transportation. Benefits-eligible employees who enroll in the CHB T-Pass program receive a 50% discount on monthly passes

By Bus (Regional)

Nationwide bus companies including Greyhound and Peter Pan stop downtown at South Station. Several regional bus companies offer scheduled service from Boston to New Hampshire, Cape Cod, Rhode Island, Connecticut, and New York City.

By Train

Amtrak has scheduled train service to Boston from New York and other points in the Northeast Corridor. The trip from New York City takes 3 1/2 hours on Acela Express trains, about 4 hours on other trains.

Amtrak has three Boston stops:

- Rte. 128 is about 12 miles from downtown and is a good place to get off if you are visiting the western or southern suburbs.
- Back Bay Station is in the Back Bay, convenient to hotels in the Back Bay and the South End and the Orange Line subway.
- The terminus is South Station, near the financial district and on the Red Line subway. It is convenient for the hotels along the waterfront and the theater district.
TRANSPORTATION

By Air
Logan Airport is located in East Boston. Massport gives options getting to and from the airport

By Taxi
There are six authorized cab associations in Boston:

<table>
<thead>
<tr>
<th>TOP CAB</th>
<th>281 Lee Burbank Way Revere, MA 02151</th>
<th>617-266-4800</th>
</tr>
</thead>
<tbody>
<tr>
<td>BOSTON CAB ASSOC.</td>
<td>60 Kilmarnock St. Boston, MA 02115</td>
<td>617-536-3200</td>
</tr>
<tr>
<td>I.T.O.A. CAB ASSOC.</td>
<td>223 Albany St. Boston, MA 02118</td>
<td>617-825-4000</td>
</tr>
<tr>
<td>CITY CAB ASSOC.</td>
<td>275 Lee Burbank Hwy Revere, MA 02151</td>
<td>617-536-5100</td>
</tr>
<tr>
<td>METRO CAB ASSOC.</td>
<td>84 Braintree St. Allston, MA 02134</td>
<td>617-782-5500</td>
</tr>
<tr>
<td>TUNNEL TAXI</td>
<td>10-12 Maverick Sq. East Boston, MA 02128</td>
<td>617-567-2700</td>
</tr>
</tbody>
</table>
The MBTA
Your Route to BCH

**Allston/Brighton**
- MBTA Green Line (B, C, D trains)
- Bus #57, #64, #65, and #66

**Back Bay**
- MBTA Green Line (all trains) and Orange Line
- Bus #1, #39, #55

**Beacon Hill**
- MBTA Green Line (all trains), Blue Line, and Red Line
- Bus #43, #55

**Brookline**
- MBTA Green Line (C, D trains)
- Bus #60, #65, #66

**South End**
- MBTA Green Line (E train), Orange Line
- Bus #1, #43, CT-1

**Dorchester**
- MBTA Red Line (Ashmont and Braintree lines)
- Bus #1, #8, #18, #19, CT-3

**Fenway and Kenmore Square**
- MBTA Green Line (all trains)
- Bus #8, #39, #55, #57, #65

**Jamaica Plan**
- MBTA Green Line (E train), Orange Line
- Bus #39, #41, #48

**Mission Hill, Roxbury**
- MBTA Green Line (E train), Orange Line
- Bus # 8, #39, #43, #66, CT-2
# Emergency Numbers and Hospitals

<table>
<thead>
<tr>
<th>Emergency</th>
<th>Phone Numbers</th>
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<tbody>
<tr>
<td><strong>Emergency</strong></td>
<td>911</td>
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<tr>
<td><strong>Massachusetts Poison Control Center</strong></td>
<td>(800) 682-9211</td>
</tr>
<tr>
<td><strong>Massachusetts State Police</strong></td>
<td>(617) 740-7600</td>
</tr>
<tr>
<td><strong>Boston Fire Department</strong></td>
<td>(617) 567-2020</td>
</tr>
<tr>
<td></td>
<td>(617) 523-5886</td>
</tr>
<tr>
<td><strong>Massachusetts General Hospital</strong></td>
<td>(617) 726-8523</td>
</tr>
<tr>
<td><strong>Brigham and Women’s Hospital</strong></td>
<td>(617) 732-5500</td>
</tr>
<tr>
<td></td>
<td>(617) 232-4175</td>
</tr>
<tr>
<td><strong>Beth Israel Deaconess Hospital</strong></td>
<td>(617) 667-7000</td>
</tr>
<tr>
<td><strong>St. Elizabeth’s Medical Center</strong></td>
<td>(617) 789-3000</td>
</tr>
<tr>
<td><strong>Boston Medical Center</strong></td>
<td>(617) 638-8000</td>
</tr>
<tr>
<td><strong>Planned Parenthood</strong></td>
<td>(617) 616-1600</td>
</tr>
<tr>
<td><strong>Boston Children’s Hospital</strong></td>
<td>(617) 355-6000</td>
</tr>
</tbody>
</table>
### Other Important Numbers to Know

<table>
<thead>
<tr>
<th><strong>Rental Housing Concerns</strong></th>
<th><strong>Phone Number</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Greater Boston Real Estate Board</td>
<td>(617) 423-8700</td>
</tr>
<tr>
<td>Rental Housing Resource Center</td>
<td>(617) 635-4200</td>
</tr>
</tbody>
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<tr>
<th><strong>Inspectional Services</strong></th>
<th><strong>Phone Number</strong></th>
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<tbody>
<tr>
<td>Real Estate and Property Inspections</td>
<td>(617) 635-5300</td>
</tr>
<tr>
<td>Department of Health Services</td>
<td>(617) 727-1960</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th><strong>Miscellaneous</strong></th>
<th><strong>Phone Number</strong></th>
</tr>
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<tbody>
<tr>
<td>Better Business Bureau</td>
<td>(617) 426-9000</td>
</tr>
<tr>
<td>Massachusetts Commission Against Discrimination</td>
<td>(617) 727-3990</td>
</tr>
<tr>
<td>Consumer Hotline</td>
<td>(617) 727-7780</td>
</tr>
<tr>
<td>Massachusetts Bar Association</td>
<td>(617) 654-0400</td>
</tr>
<tr>
<td>Lawyer Referral Program</td>
<td>(800) 392-6164</td>
</tr>
<tr>
<td>Boston’s Registry of Motor Vehicles</td>
<td>(617) 351-4500</td>
</tr>
<tr>
<td>Boston’s Election Department</td>
<td>(617) 635-3767</td>
</tr>
</tbody>
</table>
THINGS TO CONSIDER IN YOUR HOUSING SEARCH

- Landlords can legally charge first month + last month + security = three month’s rent. There can also be a key deposit.
- When you move in, fill out the Apartment Condition Statement and give it back to the landlord within 15 days. Please also take detailed pictures of any damages to the unit.
- Pets: Not all landlords allow cats/dogs. Most allow cats.
- Renter’s insurance: Renter’s insurance is a good idea and is surprisingly affordable. Any expensive instruments or jewelry will need to be added as “scheduled property” and will need to be appraised. Certain participating real estate firms will pay for one year’s apartment insurance paid.
- Avoid breaking rules. Breaking rules may lead to eviction, losing your deposits, and additional fees.
- Parking sticker: If your vehicle is insured in Massachusetts and you have a copy of your lease, you can obtain a street parking sticker for your area for free.
- If your roommate moves out, you may still be responsible for paying the portion of his/her rent until you find a new roommate.
- General maintenance: On the front page of your lease, there will be a phone number for the landlord/management company and or a superintendent. If either the management company or superintendent are not present on the lease, you should call your landlord if you have any repair problems.
- Make sure you call your landlord or maintenance company whether it is a minor or major problem, as minor problems become major problems if ignored.
- Fire/CO2: Please check and see if your apartment has a working fire/CO2 detectors.
- The best way to find out about an apartment/landlord is by asking the current tenants of the unit/building.
- How much time do I have to pay the move-in costs? First month’s deposit is due immediately to hold the apartment. The remaining payments are to be paid on a schedule set by the landlord/property manager.
THINGS TO CONSIDER IN YOUR HOUSING SEARCH cont’d

While monthly rent may be affordable, make sure you have enough money saved for initial lease expenses, and other monthly expenses. These may include:

- Security Deposit/First and Last Month Rent
- Realtor fees
- Oil Heat / Gas
- Electricity
- Phone, Internet & Cable TV services
- Furnishings
- Commuting Expenses

Rental costs can depend on:

- Apartment size, and the number of bedrooms
- The Apartment’s physical condition
- The Apartment’s location
- Utilities included, if any
- Furnishings included, if any
- Parking, if any

Consider the Apartment’s Proximity to:

- Public Transportation
- Supermarkets
- Laundry Facilities
- Employment
LEASE GUARANTY PROGRAM OVERVIEW FOR RESIDENTS & FELLOWS

History: The Lease Guaranty Program was created to remain competitive with other local teaching hospitals’ offerings to residents/fellows.

Purpose: To ease the burden of high housing costs in Boston for residents (including interns), and fellows.

How Program Works: The Landlord agrees to accept no more than $200 deposit from resident/fellow. In turn, resident/fellow authorizes Children’s Hospital to deduct any fees (greater of up to two months’ rent or $6,000) from the resident/fellow’s paycheck should the resident/fellow fail to reimburse the landlord for costs exceeding the <$200 deposit. Reasons for costs may include breaking the lease, damages to the apartment, etc.

Eligibility: Residents/Fellows who are salaried through CHB.

Lease Guaranty Procedures:
1. Resident/Fellow requests information either through Program Director or the HR Service Center.
2. HR Service Center provides required documents to Employee Lease Guaranty Program. Documents Include:
   - Children’s Lease Guaranty Program
   - Indemnity and Salary Deduction Authorization Landlords Accepting Lease Guaranty
   - Summary of Lease Guaranty Procedure
   - Lease Guaranty Agreement
3. Resident/Fellow to submit following:
   - Document demonstrating eligibility for program (e.g. acceptance letter into the program)
   - Complete and sign Indemnity and Salary Reduction Authorization Form
   - Signed copy of Lease Guaranty Procedure
   - Copy of Lease
4. Children’s Hospitals HR Service Center completes Lease Guaranty and sends two copies to landlord for signature.
5. Landlord signs and returns one completed form to the HR Service Center within 14 days.
6. HR Service Center authorized representative signs and sends signed copy to landlord.

Termination of Guaranty: when resident/fellow no longer enrolled in the Graduate Medical Education Program. It is the responsibility of resident/fellow to inform the HR Service Center.
HOUSING RESOURCES

Harvard Housing:

Vanderbilt Hall is the residence hall for Harvard Medical School (HMS) and the School of Dental Medicine (HSDM). It also houses students from the Division of Medical Sciences (DMS) and the School of Public Health (HSPH), as well as visiting students and scholars from all over the nation and the world.

For more information, please visit: http://www.hms.harvard.edu/operations/vh/

The services offered by the Harvard Housing Office are available to students, faculty, alumni, and employees of Harvard University. The Housing Office offers:

- Roommate Location
- Information on acquiring private, non-Harvard affiliated housing
- Listing of properties for sale
- Listing of local real estate brokers
- List of movers and self-storage facilities
- Information about landlord/tenant laws

For more information, please visit: http://www.huhousing.harvard.edu/HarvardUniversityHousing/index.aspx

Or stop by the office at:

7 Holyoke Street
Cambridge, MA 02138
VOTER REGISTRATION FREQUENTLY ASKED QUESTIONS

What are the requirements in order to register to vote?
You must be a U.S. citizen, a resident of Massachusetts, and eighteen years old on or before election day. The Commonwealth of Massachusetts has no waiting period for voter registration. As soon as you move to your new address, you are eligible to register to vote.

Are there deadlines for voter registration?
In order to vote, you must be registered 20 days before all primaries/preliminaries and general elections. Mail-in voter registration forms must be postmarked by the deadline date. These deadlines are also in effect for a change of address and a change of political party.

Where should I mail my completed voter registration form?
Boston residents should mail their completed form to:
    City of Boston Election Department
    City Hall, Room 241
    Boston, MA 02201
Residents of other cities or states should mail their completed form as directed in the downloaded form's instructions.

I live in Boston already, but I moved to another address in the City. Do I have to re-register?
A voter who moves within the City must notify the Election Department in a letter of his/her new address. This letter must have an original signature. Email notifications or faxed notifications are NOT acceptable. The letter should contain both old and new addresses, voter’s name and date of birth. Most voters prefer to use a registration form to change their address.

I was registered to vote in another town in Massachusetts. I live in Boston now. Do I have to re-register?
Yes. Voting in Massachusetts is address-based. Any time you move from one City or Town to another, you must re-register.

I want to register as an Independent but that’s not one of the choices?
Massachusetts does not use the term "Independent." Check the box for "No Party (unenrolled)."

Why can’t I vote at the Polling Location closest to my work or school?
Moving across a street can change your Congressional District, or your State Senate or Representative district. In order for you to receive the right ballot, you must vote at your assigned polling location.
Can an Unenrolled voter participate in Primary Elections?
Yes. An Unenrolled voter declares a party at the check-in table at your polling location. Massachusetts currently has three (3) recognized parties: Democrat, Republican and Libertarian. You will be given the ballot for the party you request. You will automatically revert to No Party (unenrolled) status for future elections.

What is a Political Designation?
Political designations are created when fifty (50) registered voters file a form with the Secretary of the Commonwealth requesting that they, or any other voters, may change their registration to such designation (see MGL Ch. 50 Sec 1). Some of the more familiar political designations in Massachusetts include the Green-Rainbow and Socialist parties. Designations are often formed around a particular cause or ideology. Political Designation members do NOT participate in primary elections.

How do I know where to vote?
You must vote at the polling location designated for your address. Each address is assigned a Ward and Precinct Number. About 2-3 weeks after registering to vote, you should receive an acknowledgement in the mail which will confirm your registration has been processed and give the Ward and Precinct, as well as the Polling Location address where you will vote. Please make sure to remember your Ward and Precinct Number, as many polling locations house more than one precinct. You must be at the proper check-in table for your precinct in order to vote. Knowing this information in advance will make your experience go more smoothly. If you do not receive an acknowledgment notice from the Election Department, please contact the office using the information below.

I am going to be away at school or out of town for the election(s). How do I vote?
You may download an absentee ballot application or call 617-635-3767 and an application will be mailed to you. You may also vote in person at Boston City Hall, during business hours, prior to the Election. If those hours are not convenient, please contact the Department to make an appointment for in-person voting. The last hour and day to vote in person is 12pm on the Monday prior to the election.

For more information, please contact: (617) 635-3767 or elections@cityofboston.gov
## Important Numbers at Children’s Hospital Boston

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Graduate Medical Education</td>
<td>(617) 355-4372</td>
</tr>
<tr>
<td></td>
<td>(617) 355-3396</td>
</tr>
<tr>
<td>Office of Fellowship Training</td>
<td>(617) 919-2961</td>
</tr>
<tr>
<td>Office of Clinician Support</td>
<td>(617) 355-6705</td>
</tr>
<tr>
<td>Human Resources</td>
<td>(617) 355-7780</td>
</tr>
<tr>
<td>Parking &amp; Commuter Services</td>
<td>(617) 355-6251</td>
</tr>
<tr>
<td>Medical Staff Services</td>
<td>(617) 355-7793</td>
</tr>
<tr>
<td>Occupational Health Services</td>
<td>(857) 218-3046</td>
</tr>
<tr>
<td>Office of Immigration Services</td>
<td>(617) 355-2146</td>
</tr>
<tr>
<td></td>
<td>(857) 753-0293</td>
</tr>
</tbody>
</table>

## Acknowledgements

City of Boston; Office of Fellowship Training at CHB; Berklee College of Music; Massachusetts College of Pharmacy and Health Sciences; Harvard University Housing; Massachusetts Bay Transportation Authority; BCH Parking and Commuter Services; Emerson College; Google Images