BOSTON CHILDREN’S
at WALTHAM
COMMUNITY COMMITMENT
Boston Children’s at Waltham has never been more proud to be part of the Waltham community. Our passion is to care for children, and we are privileged to do this work every day. In addition to being a mission-driven organization leading the way in pediatric care, we remain committed as an engaged civic leader, strong community partner and good neighbor. This long-standing commitment to and presence in the community has driven us since our arrival in Waltham 13 years ago and it grows stronger every year. From program development, collaboration, and financial support we are helping create lasting impacts in the lives of children and families.

Creating opportunities for student learning
For more than 30 years, the Waltham Partnership for Youth has focused on identifying the needs of Waltham youth and leveraging resources to meet those needs.

“Our primary role in the community is as a convener and a facilitator,” says executive director Kaytie Dowcett. “If there’s ever a crisis or a need related to health, I know I can call Boston Children’s at Waltham and they’ll be willing to offer resources right away. Having such a dedicated partner at the ready is incredible.”

Building on our existing internship program the hospital employed three paid interns from Waltham High School. In addition, the hospital continues to host monthly board meetings.

Funding youth-led programs
Learning how to eat healthier. Finding more time for physical activity. Coping with challenges and setbacks. These are all skills that teens need to learn ... but how?

Waltham Boys & Girls Club believes it has hit on an answer. “Youth-led programs are proven to be more impactful in engaging teens who need the services most,” says the club’s executive director, Erica Young. With funding from Boston Children’s Collaboration for Community Health, the club launched a new campaign that empowers teens to lead and influence their peers. “We’re already teaching healthy eating, meditation, coping strategies and more,” says Young. Transitioning to youth-facilitated workshops “will make them more appealing and increase participation.”

“We are so grateful for how much time and thought Boston Children’s put into designing an appropriate and meaningful experience for Waltham students.”
~ Kaytie Dowcett, Executive Director, Waltham Partnership for Youth

“Our active involvement with the local community is integral to our commitment to providing extraordinary care to children and families. As we continue to enhance the services we offer, and partner with organizations aligned with our mission, we’re honored to play a key role in building a community that is stronger, healthier and focused on the wellbeing of children.”
~ Sandra L. Fenwick, Chief Executive Officer, Boston Children’s Hospital

“We applaud this creative approach to developing healthy habits at an early age.”
~ Jane Venti, Senior Director, Boston Children’s at Waltham
Through our involvement with Waltham-area organizations, we enhance the health and well-being of children and families in the community—a core tenet of Boston Children’s mission. This past year, we played an active role in the community:

- providing financial and technical support for Charles River Community Health Center’s pediatric primary care practice, including a program focused on healthy weight and food access
- collaborating with business organizations:
  » Waltham Chamber of Commerce
  » Waltham Rotary Club
- supporting local civic organizations:
  » Waltham Partnership for Youth
  » Waltham Boys & Girls Club
  » Waltham YMCA
  » Waltham Land Trust
  » Waltham Family School
- supporting the City of Waltham:
  » Suburban Middlesex County Drug Task Force
  » School Nurses Association
  » Waltham Local Emergency Planning Committee
  » Partnership for Youth Coalition (formerly GWARC)
  » Family Resilience Network of Waltham
- building relationships through town sports program affiliations:
  » Waltham High School Athletics
  » Waltham YMCA
  » Gann Academy
  » Chapel Hill-Chauncy Hall School
  » Sidekick Sports Academy
  » MGC Gymnastics
- sponsoring Waltham Youth Sports teams:
  » Global Premier Soccer
  » Waltham Youth Football
  » Waltham Youth Basketball
  » Waltham Youth Baseball
- providing sports injury prevention programming through Boston Children’s Sports Medicine physician practices:
  » Waltham Boys & Girls Club
  » Waltham Youth Soccer
  » Waltham Youth Hockey

Thank you to Waltham Youth Hockey’s Pee Wee and Bantam teams for adopting two area patient families over the holidays, and for donating gifts for all the children who undergo treatment at Boston Children’s at Waltham.
FINANCIAL SUPPORT

As a major local business, we embrace our responsibility to contribute to Waltham’s economic vitality. We invest in Waltham by employing its residents, contracting with its businesses and attracting families from neighboring communities, who in turn purchase goods and services in Waltham.

We contract with more than 90 Waltham companies for services, which represents an annual infusion of $5.5 million into the local economy.

SCHOOL PARTNERSHIPS

We know it’s important to reach children and teens where they spend most of their time – at school. We work alongside the Waltham Public Schools and other local school-based organizations to advance the health and well-being of all their students, such as:

- **Waltham High School**: employed students through paid summer internships
- **Waltham Public Schools**: provided financial support for utilization of a private mental health referral service, connecting close to 150 youth and families to providers
- **Collaborated with and attended events by**: Waltham School Health Advisory Committee, Waltham’s Conference on the Opioid Crisis & Youth Summit Resources Fair, Youth Risk Survey, “Angst” documentary screening, and “Minding Your Mind” presentation on mental health and suicide
- **Drug Free Community Grant (written by the Partnership for Youth)**: served as a healthcare representative
- **Moody Street 5k Road Race sponsor**: proceeds benefit students at the Waltham Secondary Public Schools and earmarked to provide programs that encourage active lifestyles and healthy living

We employ 240+ Waltham residents in system-wide, high-quality health sector jobs

Samantha Stanley lives and works in Waltham. “My work-life balance is great and my commute is fantastic!”

Samantha had been working at Boston Children’s Hospital for years, before moving to the Waltham campus to be closer to her home in Waltham, where she lives with her family, including children Stella, Leo and Mary. As the clinical coordinator in the Post Anesthesia Care Unit (PACU) at Boston Children’s at Waltham, Samantha cares for children undergoing day surgery.

“My job is very rewarding,” she says. “My work-life balance is great because of the supportive leadership team of nurses here. We really help support each other with both personal life issues and work-related issues. It is a real benefit to work with a team you can trust. And my commute is fantastic!”
World-class pediatric care specialties and services west of Boston, close to home.

Hospital services available from Boston Children’s at Waltham. We’ve expanded our hours to include evening and weekend appointments.

- Six operating rooms
- Community Based Acute Treatment Unit
- 10-bed infusion unit
- Center for Communication Enhancement
- 11-bed inpatient unit
- Imaging (MRI/CAT Scan/Ultrasound/Fluoroscopy/Diagnostic)
- Blood Draw
- Physical/Occupational Therapy

Specialty services provided by Boston Children’s physicians

- Adolescent Medicine
- Adolescent Substance Abuse Program
- Allergy
- Balance/Vestibular Lab
- Cardiology
- Clinical Nutrition
- Dermatology
- Developmental Medicine
- Endocrinology
- Gastroenterology
- Headache, Pain & Acupuncture
- Hematology
- Immunology
- Nephrology
- Neurology
- Ophthalmology
- Orthopedics & Sports Medicine
- Otolaryngology
- Plastic Surgery/Oral Maxiofacial
- Psychiatry
- Pulmonary
- Rheumatology
- Sleep
- Surgery
- Urology

“The greatest benefit to the children is they see the same doctors and world-leading experts that they would see in Boston.”

Peter Waters, MD,
Orthopedic Surgeon-in-Chief, Orthopedic Center; Director,
Brachial Plexus Program; Director, Hand & Orthopedic Upper Extremity Program; Director, Clinical Effectiveness Research Center