

Occupational Therapy- Inpatient

My Hospital Story



Boston Children's Hospital

July 2021

Today I am going to meet
my occupational therapist.





An occupational therapist helps me get stronger by getting dressed, using the bathroom, and playing with toys.



My nurse will tell me when my occupational therapist is on the way.





While I am waiting, I can read a book, play with a toy, or sit quietly. My caregiver or my nurse can help me to find something to do while I wait.





When I hear a knock at the door, I can say “come in”.
My caregiver will stay with me.



My therapist will talk to me and my caregiver about the things I like to do.

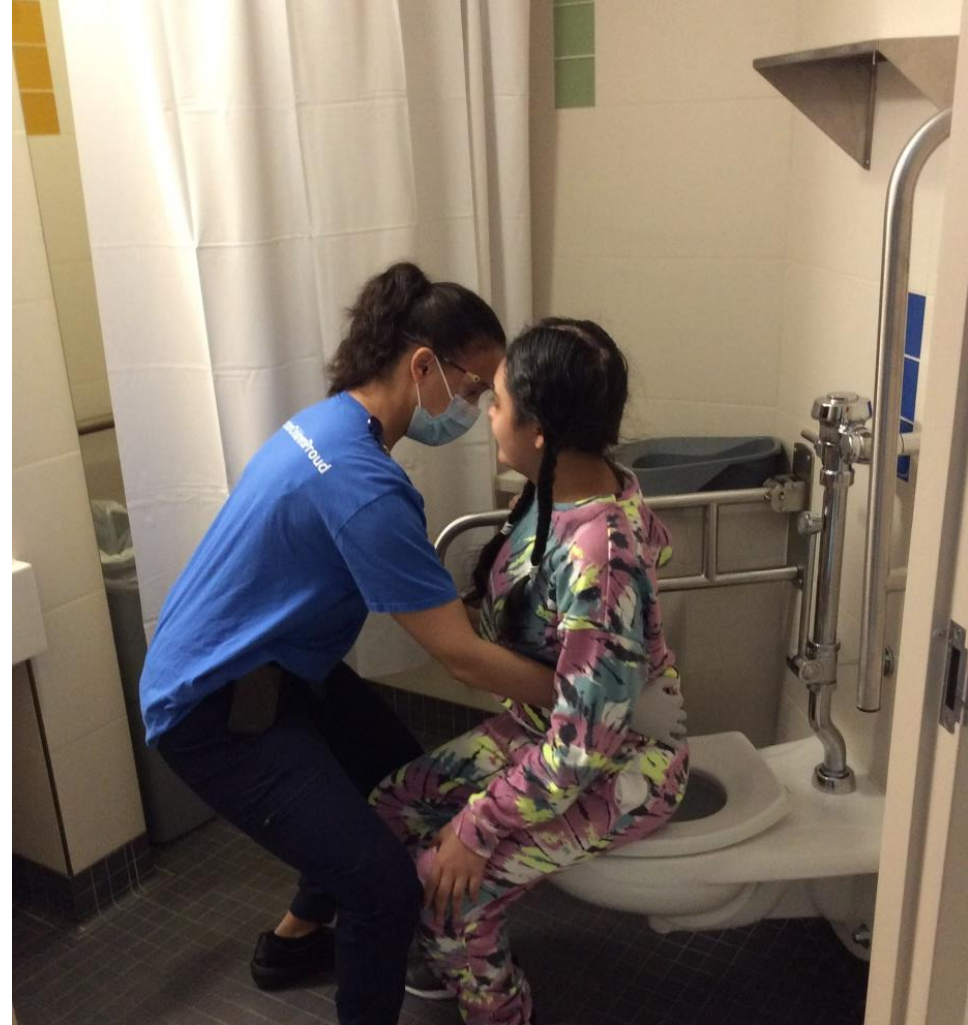
The therapist will also ask about the way I get dressed, use the bathroom and take a shower.





I may have to show my therapist how I get dressed, but I will follow directions and try my best.





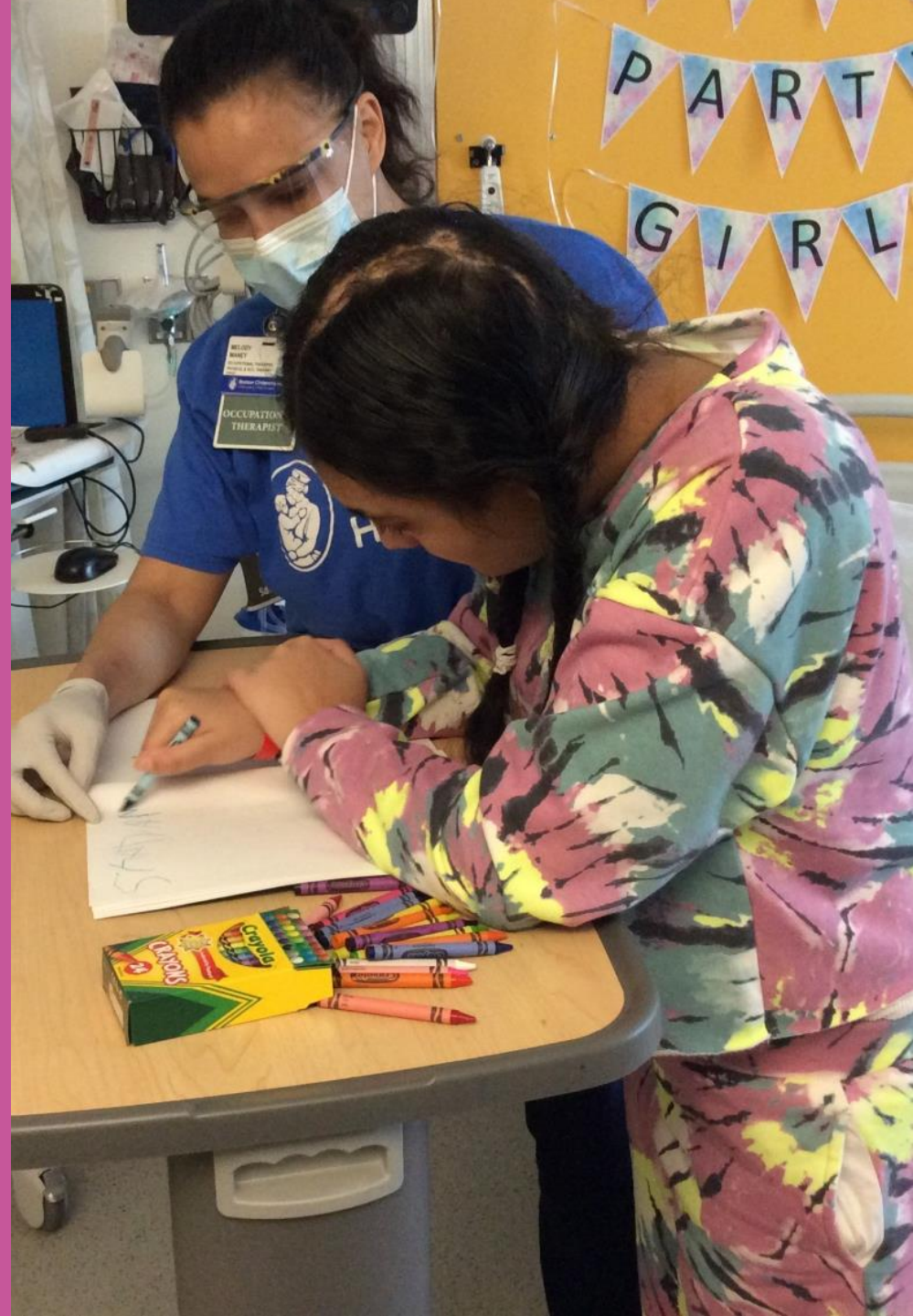
I may have to show my therapist how I safely sit on the toilet.



My therapist will ask me how I use my hands and play with toys.



My therapist will ask me what makes my body happy and calm while I'm in the hospital.





When I am finished, my therapist will talk to my caregiver or nurse. I will wait with a calm body.

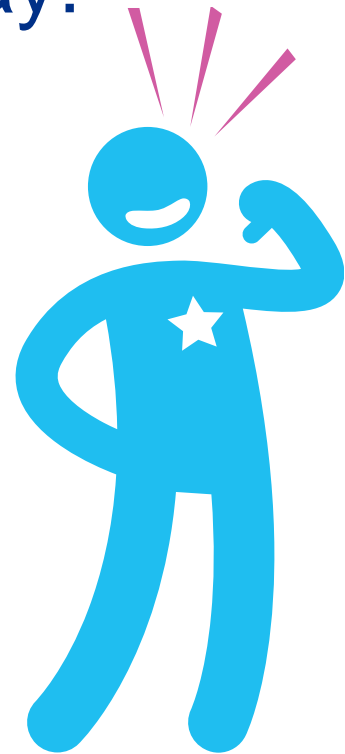


Then it is time for the therapist to leave and say goodbye.





Everyone will be so proud of me for doing a great job during Occupational Therapy today!



Developed By:

Autism Spectrum Center, Occupational
Therapy, & Child Life Services