

# Day Surgery – Waltham

My Hospital Story



**Boston Children's Hospital**

February 2023

I'm getting ready for my surgery at Boston Children's Hospital. My doctors need to do the surgery to learn about my body or to help me get better.

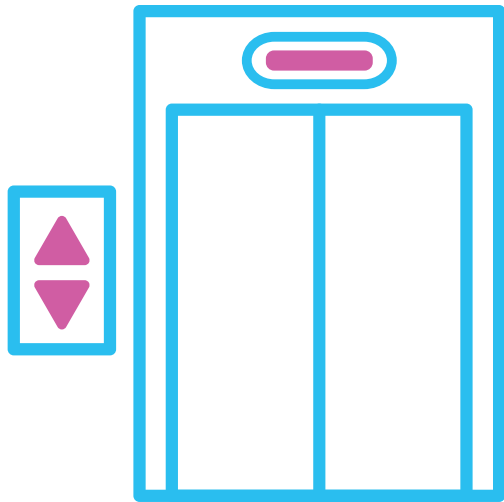




I'll go to the hospital with my caregivers. I can bring my favorite blanket or a stuffed animal from home.



First, we'll enter the lobby and take the elevator to the 3rd floor.



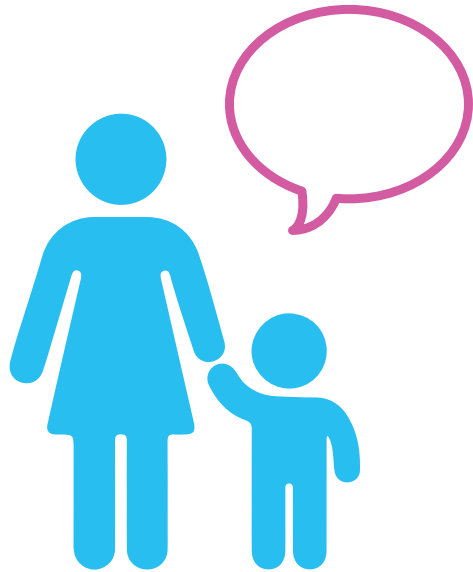


Then, we'll follow the signs to the check-in area.



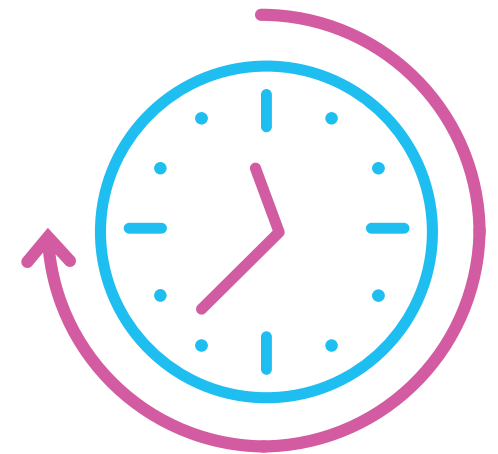


Next, we'll talk to someone at the front desk.

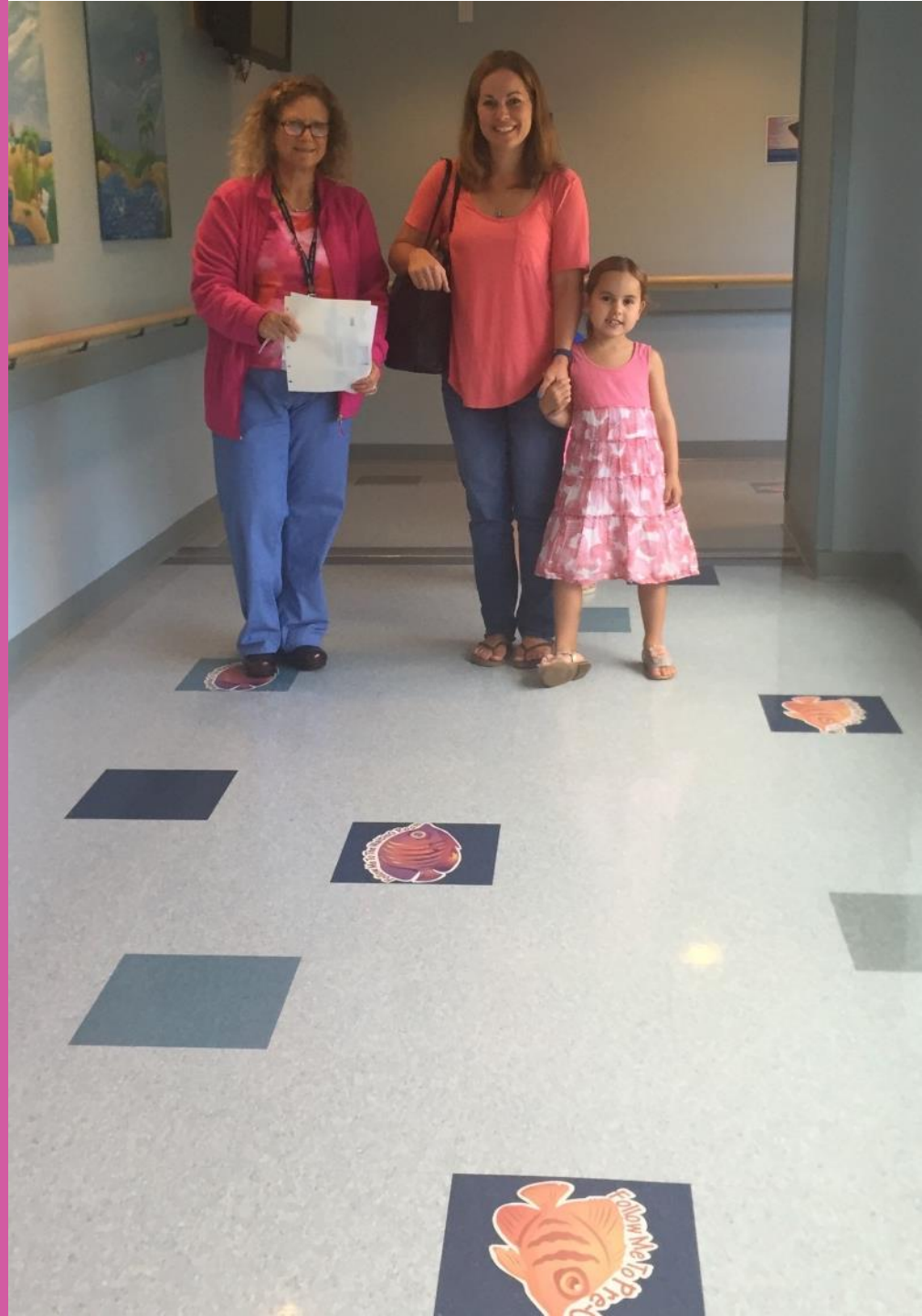




Then we'll wait until my name is called. I can sit and play quietly while I wait.



When my name is called, a nurse will bring me and my caregiver to a new room.







This room may be busy with doctors and nurses.  
I may see other kids waiting for surgery, like me.

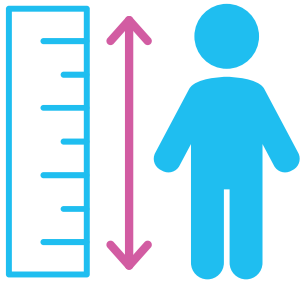


The nurse  
will give me a  
bracelet with  
my name.





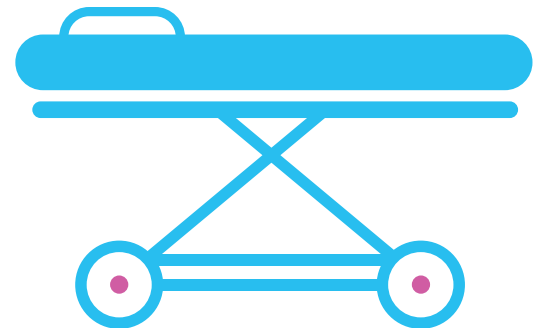
Next, the nurse will check my height and weight.



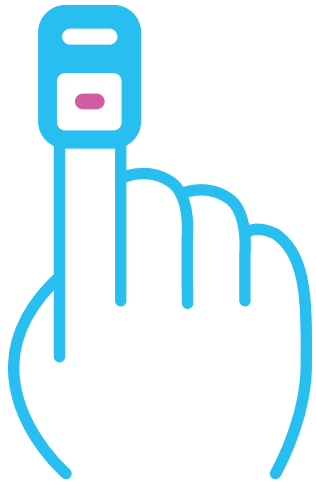




Then, I'll sit  
on a special  
bed with  
wheels.



My nurse will place a pulse oximeter on my finger. It checks how much fresh air is inside my body.



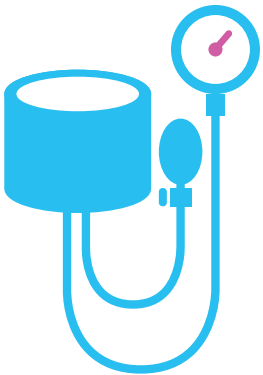


The nurse will check my temperature with a thermometer.





The nurse will check my blood pressure. I'll feel a small squeeze on my arm. I can remember to hold my body still and take deep breaths.





The nurse will listen to my heart and lungs with a stethoscope.



I'll put on  
hospital  
pajamas.







Now I will wait  
for my surgery.  
While I'm  
waiting, I can  
play!



I'll meet the doctors and nurses who will take care of me during my surgery.



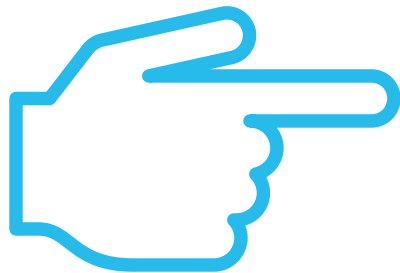


I'll meet the doctor who will give me medicine so I'm sleeping during my surgery. I might get the medicine through a mask like this. The mask will feel soft on my face.



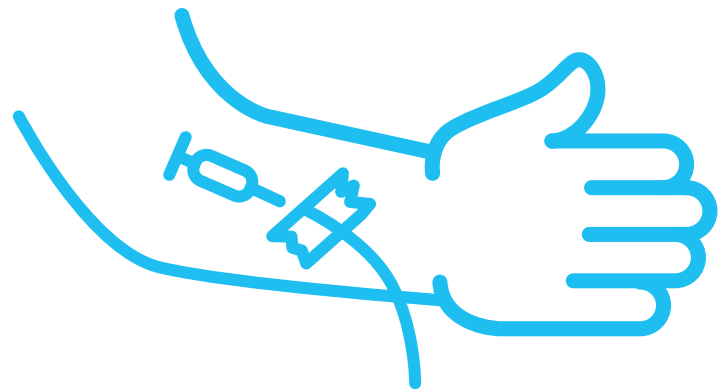


The doctor can make my mask smell good. I can choose a special flavor!



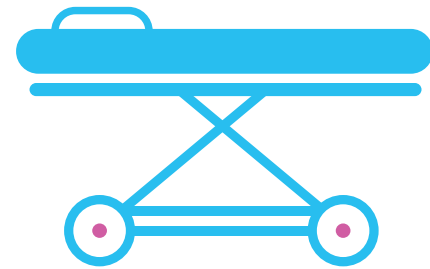


I might get the medicine through a small, bendy straw called an IV.





When it's time for my surgery, my doctors and nurses will move my bed to the next room.







Then the doctors will give me the medicine so I'm asleep for my surgery.



When my surgery is done, I'll wake up in a different room.







My caregiver  
will be with me  
in this room.







I'll get a  
popsicle or  
something  
to drink!



I'm all done.  
I can go home.

I did a great  
job!



**Developed By:**

Autism Spectrum Center  
& Child Life Services